



ANNUAL PLAN OF ACTIVITIES FROM 2023-24

SI. No.	Activity 2023-24	Objective	Date
1	Empowering Women: A Society-Focused Workshop	Gender Equity	June 2023
2	Women in Society: Breaking Barriers and Building Opportunities	Gender Equity	June 2023
3	Workshop on Gender Equity, Aptitude and Personality Development	Gender Equity	June 2023
4	Unleashing Women's Potential: A Workshop on Social Impact	Gender Equity	June 2023
5	Workshop on Upliftment of the Dalit Women and Children	Gender Sensitization	June 2023
6	Participation of Girls and Boys NCC Cadets in International Yoga Day	Women Empowerment	July 2023
7	Honoring Malala's Legacy: A Day of Reflection	Gender Sensitization	July 2023
8	Empowering Girls' Education: Malala Day Celebration	Gender Sensitization	July 2023
9	Participation of Girls and Boys NCC Cadets in Independence Day Celebrations	Gender Equity	August 2023
10	Workshop on Gender Issues	Women Empowerment	August 2023
11	Protecting, Promoting, and Supporting Breastfeeding: World Breastfeeding Week	Women Empowerment	August 2023
12	Participation of Girls and Boys NCC Cadets in Cleaning Drive	Gender Equity	September 2023
13	Training Program for Women Empowerment	Women Empowerment	September 2023
14	Workshop on Woman's life including Freedom and Feminism	Women Empowerment	September 2023
15	Seminar on Gender Beyond Boundaries	Gender Equity	September 2023
16	Awareness Talk on Cyber Crimes against Women and Adolescents	Women and Child Care	October 2023
17	Torrential Grace – A Seminar on Religion, Society and Women	Gender Sensitization and Women Empowerment	October 2023
18	Women Empowerment through Entrepreneurship	Women Empowerment	November 2023
19	Practicing Gender Equity in Work	Promotion of Gender	November 2023



	Spaces	Equity	
20	Building Confidence through Artistic Expression: Girls and Boys Participate in Fine Arts Festival 2023	Gender Equity	December 2023
21	Combating Sexual Harassment at Work Places	Gender Sensitization	December 2023
22	Participation of Girls and Boys NCC Cadets in Republic Day Celebrations	Gender Equity	January 2024
23	National Girl Child Day Observation	Gender Sensitization and Women Empowerment	January 2024
24	Society and Women: A Workshop on Empowerment and Equality	Gender Equity	January 2024
25	One Team, One Spirit: NCC Cadets at Sports Day, 2024	Gender Equity	February 2024
26	Seminar on Women in Science	Women Empowerment	February 2024
27	Unity in Action: Girls and Boys NCC Cadets at College Day 2024	Gender Equity	February 2024
28	Seminar on Impact of Nutrition and Food on Women's Health	Gender Sensitization and Women Empowerment	February 2024
29	Inspiring Women, Inspiring Change: International Women's Day	Women Empowerment	March 2024
30	Equal Roads, Equal Opportunities: She Drives	Women Empowerment	March-April 2024
31	Driving Her Own Destiny: She Drives	Women Empowerment	March-April 2024



Principal
St. Thomas College (Autonomous)
Thrissur - 680 001