



7.1.11 - Annual report of the celebrations and commemorative events for the year 2023-24.

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ENVIRONMENT DAY

Date: 05-06-2023

On 05-06-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur observed World Environment Day by planting saplings in their surroundings to spread the necessity of having a healthy environment for our present and future generations. The cadets also conducted photography, documentary and poster making competitions on behalf of World Environment Day. Many students participated in the competitions. Amal P A (BA Multimedia) secured 1st prize in Photography, Ashmi P M (BA Multimedia) secured 1st prize in Poster and Gautham Krishna (BA Economics) secured 1st prize in Documentary. The awards were given to the winners by Dr. Fr. Martin K A (Principal) along with Capt. Dr.Sabu A S (Associate NCC Officer).



ST. THOMAS COLLEGE (AUTONOMOUS) THRISSUR, KERALA - 680 001



NAAC 5th Cycle Accreditation

NAAC (4th Cycle): A++ Grade, 3.70 Score
NIRF Ranking 2023: 57

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Give our future generations a chance to live beautiful lives in a
healthier and happier environment.
Happy World Environment Day everyone.



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WORLD ENVIRONMENT DAY

5 JUNE 2023

LEGIMATE WAY OF LIVING CASTES THE HARMONY WITH NATURE ;

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ORGANISING COMPETITIONS
IN CONNECTION WITH

World Environment Day

05 JUNE 2023

1. PHOTOGRAPHY
2. DOCUMENTRY
3. POSTER MAKING

PARTICIPANTS SHOULD SEND YOUR ENTRIES
BEFORE 9TH JUNE 2023
AMAZING PRIZES FOR THE WINNERS

ST. THOMAS COLLEGE (AUTONOMOUS),
THRISSUR
23(K) BN NCC 1ST COY

PRIZE DISTRIBUTION FOR WINNERS OF ENVIRONMENT DAY CONTEST

Cash prize and certificates were awarded to the winners of environment day contest conducted by 1st Company, St.Thomas College

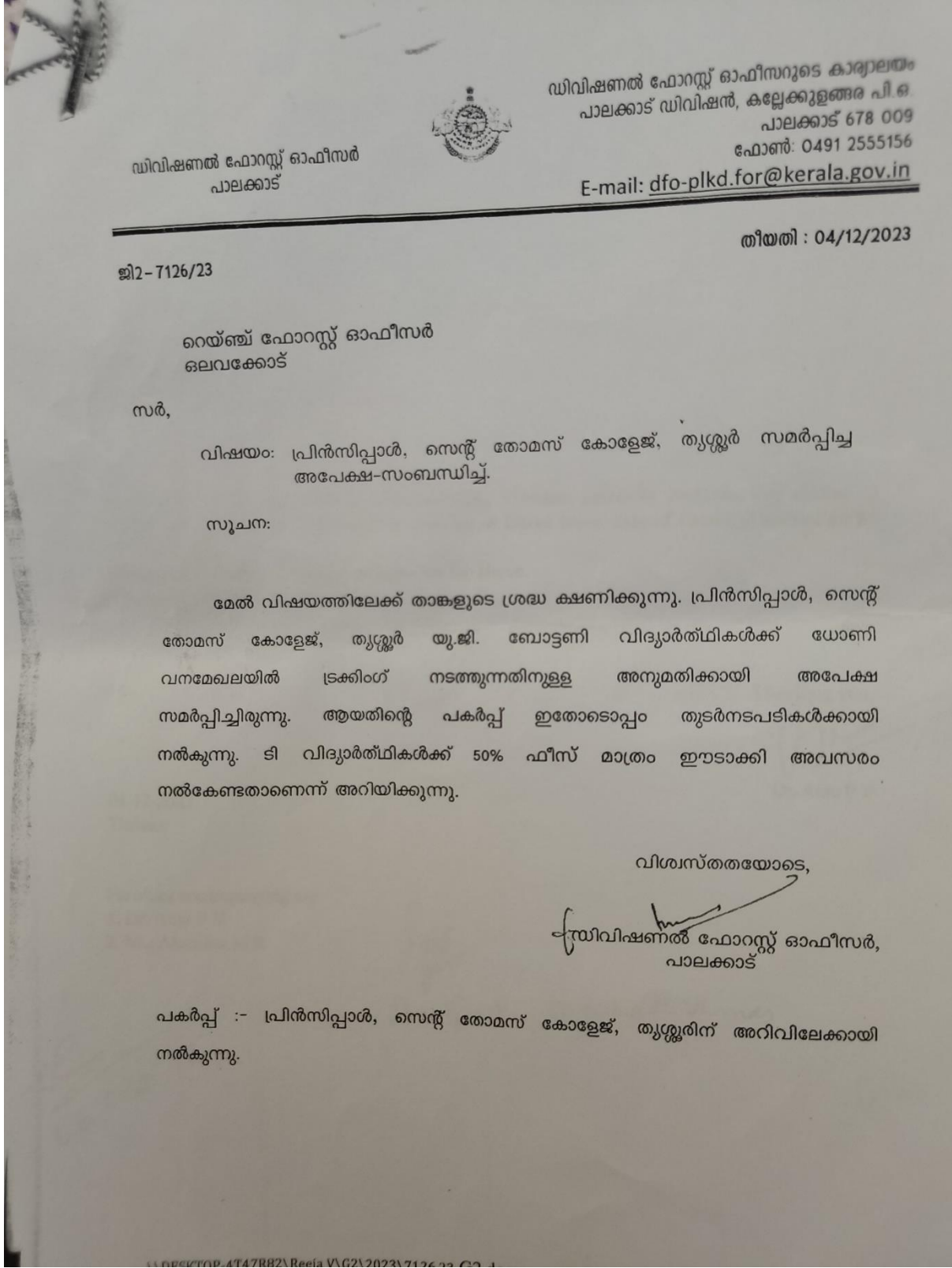
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THRISSUR
23(K) BN NCC 1st COY

Congrats!

Amal P A BA Multimedia 1st prize in Photography	Ashmi P M BA Multimedia 1st prize in Poster	Gautham Krishna BA Economics 1st prize in Documentary

WINNERS OF THE ENVIRONMENT DAY CONTEST
CONDUCTED BY THE NCC 1st COY ST. THOMAS COLLEGE
(AUTONOMOUS), THRISSUR

ThriSSur, Kerala, India
Swaraj Round, G6C8+XC9, Kurupam, Round Sout
Kerala 680001, India
Lat 10.522247°
Long 76.216226°
21/06/23 03:34 PM GMT +05:30



ഡിവിഷണൽ ഫോറസ്റ്റ് ഓഫീസർ
പാലക്കാട്

ഡിവിഷണൽ ഫോറസ്റ്റ് ഓഫീസറുടെ കാര്യാലയം
പാലക്കാട് ഡിവിഷൻ, കല്ലേക്കുളങ്ങര പി.ഒ.
പാലക്കാട് 678 009
ഫോൺ: 0491 2555156
E-mail: dfo-plkd.for@kerala.gov.in

തീയതി : 04/12/2023

ജി2-7126/23

റെയ്ഞ്ച് ഫോറസ്റ്റ് ഓഫീസർ
ലൈവക്കോട്

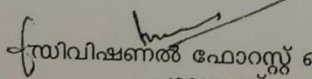
സർ,

വിഷയം: പ്രിൻസിപ്പാൾ, സെന്റ് തോമസ് കോളേജ്, തൃശ്ശൂർ സമർപ്പിച്ച
അപേക്ഷ-സംബന്ധിച്ച്.

സൂചന:

മേൽ വിഷയത്തിലേക്ക് താങ്കളുടെ ശ്രദ്ധ ക്ഷണിക്കുന്നു. പ്രിൻസിപ്പാൾ, സെന്റ് തോമസ് കോളേജ്, തൃശ്ശൂർ യു.ജി. ബോട്ടണി വിദ്യാർത്ഥികൾക്ക് ധോണി വനമേഖലയിൽ ട്രക്കിംഗ് നടത്തുന്നതിനുള്ള അനുമതിക്കായി അപേക്ഷ സമർപ്പിച്ചിരുന്നു. ആയതിന്റെ പകർപ്പ് ഇതോടൊപ്പം തുടർനടപടികൾക്കായി നൽകുന്നു. ടി വിദ്യാർത്ഥികൾക്ക് 50% ഫീസ് മാത്രം ഈടാക്കി അവസരം നൽകേണ്ടതാണെന്ന് അറിയിക്കുന്നു.

വിശ്വസ്തതയോടെ,


ഡിവിഷണൽ ഫോറസ്റ്റ് ഓഫീസർ,
പാലക്കാട്

പകർപ്പ് :- പ്രിൻസിപ്പാൾ, സെന്റ് തോമസ് കോളേജ്, തൃശ്ശൂരിന് അറിവിലേക്കായി നൽകുന്നു.



REPORT

Date

[4/1/2024]

Location

Dhoni Forest, Palakad

Team Members

UG Botany

Objective

To explore the Dhoni Forest and document its flora, fauna, and geographical features.

Observations

Flora

1. Diverse Tree Species: Observed various tree species, including teak, sandalwood, and bamboo.
2. Medicinal Plants: Identified several medicinal plants, such as turmeric, ginger, and aloe vera.
3. Orchids and Wildflowers: Spotted a variety of orchids and wildflowers, adding to the forest's natural beauty.

Fauna

1. Wildlife Sightings: Spotted deer, monkeys, and birds, including the endangered Indian Peafowl.
2. Insect Life: Observed various insects, such as butterflies, bees, and ants.

Geographical Features

1. Hills and Valleys: Trekged through rolling hills and valleys, offering breathtaking views of the surrounding landscape.
2. Waterfalls and Streams: Crossed several streams and visited a picturesque waterfall.

Challenges Faced

1. Terrain: Steep inclines and uneven terrain posed challenges during the trek.
2. Weather: Inclement weather, including rain and heat, required careful planning and precautions.

Recommendations

1. Conservation Efforts: Emphasized the need for conservation efforts to protect the forest's biodiversity.
2. Sustainable Tourism: Suggested implementing sustainable tourism practices to minimize the impact of human activity on the forest ecosystem.
3. Local Community Engagement: Recommended engaging with local communities to promote eco-friendly practices and support their livelihoods.

Conclusion

The trekking expedition to Dhoni Forest was a rewarding experience, offering insights into the forest's rich biodiversity and geographical features. The report highlights the need for conservation efforts and sustainable practices to protect this precious ecosystem.

Appendices

1. Photographs: A collection of photographs documenting the trekking route, flora, fauna, and geographical features.



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2. GPS Coordinates: A record of GPS coordinates marking key locations along the trekking route.
3. Species List: A comprehensive list of plant and animal species observed during the trek.



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2024 ഏപ്രിൽ 22
ലോക ജൈവ
വൈവിധ്യ ദിനം



**കലശമലയും
കുളവെട്ടിമരങ്ങളും
ജനകീയ കുട്ടായ്മ**

ജനകീയ കുട്ടായ്മ ഉദ്ഘാടനം : ഡോ. ജോർജ് തോമസ്.സി. മുൻ ചെയർമാൻ, ജൈവവൈവിധ്യബോർഡ്	അവതരണങ്ങൾ, വിശകലനങ്ങൾ, നിർദ്ദേശങ്ങൾ ഉദ്ഘാടനം : ഡോ. ആർ.വി.വർമ്മ മുൻ ചെയർമാൻ, ജൈവവൈവിധ്യബോർഡ്
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സംഘാടനം



പോർക്കുളം
ഗ്രാമപഞ്ചായത്ത്



കേരള ശാസ്ത്രസാഹിത്യ
പരിഷ്കരണ
അകതിയൂർ യൂണിറ്റ്



2024 മെയ് 22
**ലോക ജൈവ
വൈവിധ്യ ദിനം**

കലശമലയും കുളവെട്ടിമരങ്ങളും ജനകീയ കൂട്ടായ്മ

സുഹൃത്തേ,

ഭൂമിയിൽ മനുഷ്യ സമൂഹവും ഒട്ടനവധി ആവാസസ്ഥാനങ്ങളും നിലനിൽക്കണമെങ്കിൽ അതിലെ ജൈവ വൈവിധ്യത്തെ പരിരക്ഷിച്ചു പോകേണ്ടതുണ്ട് എന്ന് ഓർമ്മിപ്പിക്കുന്ന ദിനമാണ് ലോക ജൈവവൈവിധ്യ ദിനം. പദ്ധതിയിൽ പങ്കാളിയാവുക (Be part of the plan) എന്ന ആശയത്തിൽ കൊണ്ടാടുന്ന പ്രസ്തുത ദിനം പ്രാദേശിക ജൈവവൈവിധ്യ സംരക്ഷണ പ്രവർത്തനങ്ങളിൽ ഭാഗമാകാൻ ആഹ്വാനം ചെയ്യുന്നു. അതിന്റെ ഭാഗമായി പോർക്കുളം പഞ്ചായത്തിലെ അകതിയൂർകലശമല ശിവ വിഷ്ണു ക്ഷേത്രപരിസരത്തെ തീവ്ര വംശനാശ ഭീഷണിയും (Critically endangered), ആശങ്കാജനകമായ ശോഷണവും നേരിടുന്ന സ്ഥാനീയസസ്യമായ (Endemic plant) കുളവെട്ടിമരങ്ങൾ (*Syzygium travancoricum*) സംരക്ഷിക്കാനും വറ്റി വരണ്ട ചോല പുനരുജീവിപ്പിക്കാനുമുള്ളതാണ് ഈ കൂട്ടായ്മ. ലോക ജൈവവൈവിധ്യ പൈതൃകസ്ഥാനത്തിന് (World Biodiversity Heritage site) അർഹമാണ് ഈ കുളവെട്ടി മരക്കൂട്ടം. കഴിഞ്ഞ കാലങ്ങളിൽ നടന്ന പഠനങ്ങളും നിദ്രേ ശിക്ഷപ്പെട്ട പ്രക്രിയകളും അതുമായി ബന്ധപ്പെട്ടവർ തന്നെ അവതരിപ്പിക്കും.

ജനപ്രതിനിധികൾ, ശാസ്ത്രജ്ഞർ, ഉദ്യോഗസ്ഥർ, അധ്യാപകർ, വിദ്യാർത്ഥികൾ, പൊതുപ്രവർത്തകർ, നാട്ടുകാർ എന്നിവരുടെ ഒരു ജനകീയ കൂട്ടായ്മയ്ക്കാണ് അകതിയൂർ വേദിയാകുന്നത്. ലോക ജൈവവൈവിധ്യദിനമായ മെയ് 22 ബുധനാഴ്ച കാലത്ത് 9.30 ന് കലശമലയിലെ കുളവെട്ടി ചോലയിൽ ചേരുന്ന ഈ കൂട്ടായ്മയിൽ പങ്കെടുക്കുവാൻ താങ്കളെ സ്നേഹപൂർവ്വം ക്ഷണിക്കുന്നു.

അഡ്വ. കെ.രാമകൃഷ്ണൻ പ്രസിഡന്റ് (ചെയർമാൻ)	ലിൻസ് ഡേവിഡ് സെക്രട്ടറി പോർക്കുളം ഗ്രാമപഞ്ചായത്ത് (ജനറൽ കൺവീനർ)
സി.കെ.ബാലൻ കേരള ശാസ്ത്രസാഹിത്യ പരിഷത്ത്	മേജോ ബ്രൈറ്റ് സംഘാടക സമിതി



കാര്യപരിപാടി

2024 മെയ് 22, രാവിലെ 9.30

- സ്വാഗതം : ലിൻസ് ഡോവിഡ്
ജനറൽ കൺവീനർ
- ആമുഖം : വിമനോജ്കുമാർ
കേരള ശാസ്ത്രസംഹിത പരിഷത്ത്
ക്രൂര നിർവ്വഹകസമിതി അംഗം
- അദ്ധ്യക്ഷൻ : അഡ്വ. കെ.രാമകൃഷ്ണൻ
പ്രസിഡന്റ്, പോർക്കുളം ഗ്രാമപഞ്ചായത്ത്
- ഉദ്ഘാടനം : ഡോ. ദോർജ് തോമസ്.സി
മുൻ ചെയർമൻ, ഹൈവൈവിദ്യാഭ്യാസം
- വിശിഷ്ടാതിഥികൾ : ശ്രീ. റഫീക്ക് അഹമ്മദ്
കവി, ഗാനചെയിനർ, കർമ്മനിസ്തു
: ശ്രീ. ടി.കെ.വാസു
SC/ST കമ്മീഷൻ അംഗം
- ആശംസകൾ : ശ്രീമതി. പത്മം വേണുഗോപാൽ
യുഗ്മ ജില്ലാ പഞ്ചായത്ത് മെമ്പർ
: ശ്രീമതി. സിന്ധു ബാലൻ
ചൊവ്വന്നൂർ ബ്ലോക്ക് പഞ്ചായത്ത് മെമ്പർ
: ശ്രീമതി. ജിഷ ശശി
വൈസ് പ്രസിഡന്റ് പോർക്കുളം ഗ്രാമപഞ്ചായത്ത്
: അഡ്വ. സുരേഷ് എൻ.എസ്.
വൈസ് പ്രസിഡന്റ് ചൊവ്വന്നൂർ ഗ്രാമപഞ്ചായത്ത്
: ശ്രീ. ബിജു കോലാടി
10-ാം വാർഡ് മെമ്പർ പോർക്കുളം ഗ്രാമപഞ്ചായത്ത്
: ശ്രീമതി. നിമിഷ വിശ്വീഷ്
9-ാം വാർഡ് മെമ്പർ പോർക്കുളം ഗ്രാമപഞ്ചായത്ത്
: ശ്രീ. ശശി വാസുദേവൻ
പ്രസിഡന്റ്, കലശമല ശിവ വിഷ്ണു ക്ഷേത്രകമ്മിറ്റി
: ശ്രീ. പി.എം സോമൻ
CPIM ലോക്കൽ സെക്രട്ടറി
: ശ്രീ. ബാലചന്ദ്രൻ.വി.വി
INC മണ്ഡലം പ്രസിഡന്റ്
: ശ്രീ. വിശ്വീഷ്കെ.വി
BJP പ്രസിഡന്റ്, പോർക്കുളം പഞ്ചായത്ത്



പൊന്തൂ ചർച്ച



അവതരണങ്ങൾ വിശകലനങ്ങൾ നിർദ്ദേശങ്ങൾ



- ഉദ്യോഗാണെ : ഡോ. ആർ.വി.വർമ്മ
മുൻ ചെയർമാൻ, ഹൈവൈവിദ്യാഭ്യാസം
- മോഡറേറ്റർ : പ്രൊഫ. എം.കെ.ഹാമിനാറായണൻ
- പങ്കെടുക്കുന്നവർ : ഡോ. കെ.വിദ്യാസാഗർ
: ഡോ. പി.വി.ആന്റോ
: ശ്രീമതി. ശ്രീലത എൻ.കെ
: ശ്രീ. ജിയോ ഫോക്സ്
പ്രസിഡന്റ്, എളവള്ളി ഗ്രാമപഞ്ചായത്ത്
: ഡോ. എ.വി.രഘു
: പ്രൊഫ. സി.വി.മല
: ഡോ. ശ്രീലത.യു.
: ഡോ. ഉദയൻ.പി.എസ്
: ഡോ. ശ്രീകൃഷ്ണൻ.വി.ബി
: ഡോ. കെ.എ.ശ്രീജിത്ത്
: ഡോ. ബ്രിജേഷ്. ആർ
: അശോക് റാജ്
(Range Forest officer)
: കെ.എ.ജോയിഷ്
: ആൽഫ്രഡ്.എം.കെ
: ബാബുരാജ്.ടി.എസ്
: ഐ.എൻ.അജിത് കുമാർ
: എ.ജയകൃഷ്ണൻ
: ടി.എ.പ്രമോദൻ
: പ്രസി. സന്തോഷ്
: കെ.വിജയൻ



- ക്രോഡീകരണം
പദ്ധതിരൂപീകരണം
നന്ദി : ടി.കെ.ബാലൻ
പ്രസിഡന്റ്, കേരള ശാസ്ത്രസംഹിത പരിഷത്ത്
അകതിയൂർ തൃണിറ്റ്

WORLD BIODIVERSITY DAY

St. Thomas College Autonomous in Thrissur celebrated World Biodiversity Day on May 22, 2024, although I couldn't find specific details about the events or activities they organized to mark this occasion.¹

World Biodiversity Day is celebrated annually on May 22nd to raise awareness about the importance of biodiversity and the need to protect it. The theme for 2024 was "Be part of the Plan," emphasizing the need for collective action to implement the Kunming-Montreal Global Biodiversity Framework.





Report on "Species - The Passion" Event

Event Details

- Date: 15 December 2023
- Time: 8:00 am
- Venue: Kaviprathibha Hall, St. Thomas' College (Autonomous), Thrissur
- Organizer: St. Thomas' College (Autonomous), Thrissur

Introduction

On 15 December 2023, St. Thomas' College (Autonomous), Thrissur, hosted "Species - The Passion," an event aimed at promoting awareness and appreciation for various species of plants and animals. This report summarizes the key aspects of the event.

Objective

The primary objective of the event was to educate participants about the importance of conservation and the need to protect endangered species.

Highlights

1. Inaugural Ceremony: The event began with an inaugural ceremony, which included a formal welcome address, lighting of the lamp, and an introductory speech by the chief guest.
2. Keynote Address: The keynote address was delivered by a renowned expert in the field of conservation biology, who spoke on the importance of preserving biodiversity.
3. Exhibition: An exhibition showcasing various species of plants and animals was held, providing participants with a unique opportunity to learn about the different species.
4. Workshops: Hands-on workshops were conducted, where participants learned about conservation techniques and the importance of sustainable living.
5. Cultural Programs: The event featured cultural programs, including music, dance, and drama performances, all centered around the theme of conservation.

Conclusion



"Species - The Passion" was a successful event that achieved its objective of promoting awareness and appreciation for various species of plants and animals. The event provided a platform for participants to learn about conservation and the importance of preserving biodiversity.

Recommendations

1. Future Events: The college should continue hosting such events to promote awareness and appreciation for conservation and biodiversity.
2. Increased Participation: Efforts should be made to increase participation from students, faculty members, and external experts.
3. Collaboration: The college should collaborate with other institutions and organizations to promote conservation and biodiversity.

 <p>ST. THOMAS' COLLEGE (AUTONOMOUS), THRISSUR RESEARCH AND POSTGRADUATE DEPARTMENT OF BOTANY</p>  <p>SPECIES THE PASSION 9 SEMINAR</p> <p>Co-sponsored by KSCSTE</p>  <p>15th December 2023 Time: 8.00 am Venue: Kaviprabha Hall</p>	<p>Dear Sir/Madam,</p> <p>St.Thomas' College (Autonomous), Thrissur is the oldest Catholic college in Kerala established as an educational institution in 1889 and was raised to the rank of Second Grade College in 1919. The Department of Botany was started in 1951 with Natural Science as intermediate course and ever since its inception, the department has been initiated with a conservation oriented module of natural and environmental education. The department has decided to organise a one day seminar "Species the Passion 9" - Stories of New Species Discovery. The program is highlighted to create environmental awareness and the significance of biodiversity conservation leading to the discovery of new species to Postgraduate students and Researchers of Botany. The programme is scheduled on 15th December 2023 at Kaviprabha Hall, St.Thomas' College (Autonomous), Thrissur. We invite all the botanists and nature enthusiasts to participate in the seminar to make it a grand success.</p> <table border="0"><tr><td>Rev. Dr. Martin K.A. Principal</td><td>Dr. Geethu Elizabeth Thomas Head of the Department Botany</td></tr><tr><td>Dr. Anto P.V. Convener</td><td>Advisory Committee Dr. Vimala Jose Dr. Thomas M. T. Dr. Joby Paul Dr. Sandhya Vincent Neelamkavil Ms. Akshitha M. R.</td></tr><tr><td>Student Co-ordinator Ms. Keerthana Nandakumar</td><td></td></tr></table>	Rev. Dr. Martin K.A. Principal	Dr. Geethu Elizabeth Thomas Head of the Department Botany	Dr. Anto P.V. Convener	Advisory Committee Dr. Vimala Jose Dr. Thomas M. T. Dr. Joby Paul Dr. Sandhya Vincent Neelamkavil Ms. Akshitha M. R.	Student Co-ordinator Ms. Keerthana Nandakumar		<p>Taxonomic Paper Presentations are invited (Algae, Bryophytes, Pteridophytes, Gymnosperms & Angiosperms, Bacteria & Fungi)</p> <p>Best Paper Presentation will be awarded with Memento & Certificate</p> <p>Last date of Submission : 10th Dec 2023 of abstract</p> <p>Selected papers will be published in a book with ISBN number(conditions to apply)</p> <p>Send abstracts to : pvybotany71@gmail.com</p>
Rev. Dr. Martin K.A. Principal	Dr. Geethu Elizabeth Thomas Head of the Department Botany							
Dr. Anto P.V. Convener	Advisory Committee Dr. Vimala Jose Dr. Thomas M. T. Dr. Joby Paul Dr. Sandhya Vincent Neelamkavil Ms. Akshitha M. R.							
Student Co-ordinator Ms. Keerthana Nandakumar								



ST. THOMAS COLLEGE (AUTONOMOUS)

THRISSUR, KERALA - 680 001



NAAC 5th Cycle Accreditation

NAAC (4th Cycle): A++ Grade, 3.70 Score
NIRF Ranking 2023: 57

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Programme

8.00 am - 12.15 pm : Registration,
Inaugural session & Keynote Lectures

Prayer :
Welcome : **Dr. Geethu Elizabeth Thomas**, Head
of the Department of Botany

Inauguration &
Presidential Address : **Rev. Dr. Martin K.A**, Principal

Benedictory Address &
Seminar Proceedings
Release : **Rev. Fr. Biju Panengadan**, Executive Manager
& Bursar

Keynote Address : **Mr. Muralikrishna H.**, Chief
Technical Officer, PME Cell, ICAR-CPCRI, Kasargod

Dr. K. Kishore Kumar, Assistant
Professor and Head, Dept. of Botany, Farook
College (Autonomous), Kozhikode

Vote of Thanks : **Dr. Anto P.V.**, Convenor

Keynote Lectures

Mr. Muralikrishna H., Chief Technical Officer, PME Cell,
ICAR-CPCRI, Kasargod.

Topic : Present trends in science communication

Dr. K. Kishore Kumar, Assistant Professor and Head,
Department of Botany, Farook College (Autonomous),
Kozhikode.

Topic : Biodiversity of Shola Forest

12.15 pm - 12.45 pm : Lunch Break
12.45 pm onwards : Invited Lectures & Paper Presentations

Invited Lectures on Biodiversity and Conservation

Dr. Alfred Joe, Assistant professor, Department of Botany, St.
Joseph's College, Irinjalakuda.

Topic : The fascinating world of bat flowers

Dr. Seena K.K., Assistant Professor, Department of Botany, Mercy
College, Palakkad.

Topic : Assessment of the fresh water algae of Bharathapuzha river

Dr. Neenu A. Santhosh, Assistant Professor, Department of Botany,
Mercy College, Palakkad.

Topic : Influence of microbial diversity in the existence of plant diversity

Ms. Smitha P.S., Assistant Professor, Department of Botany, Vimala
College (Autonomous), Thrissur.

Topic : Morphological and Histochemical characterisation of *Syzygium
travancoricum* Gamble

Dr. Manu Philip, Assistant Professor, Department of Botany, St Aloysius
College, Elthuruth, Thrissur.

Topic : Importance of the diversity of the family Cyanophyceae



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**ST. THOMAS' COLLEGE
(AUTONOMOUS), THRISSUR**

RESEARCH AND POSTGRADUATE DEPARTMENT OF BOTANY

in association with

OSA Botany & Nature Club

Environmental Day Celebrations 2023

#BeatPlasticPollution

Venue : Kaviprathibha Hall

Date : 05 June 2023

Time : 10 am

Prayer	:	
Welcome Speech	:	Dr. Geethu Elizabeth Thomas, HOD, Department of Botany
Presidential address	:	Rev. Dr. Martin K. A., Principal, St. Thomas College, Thrissur
Inauguration	:	Mr. Rajeev P. B., IPS, SP, Tvm
Benedictory address & Seedling Distribution	:	Rev. Fr. Biju Panengadan, Exective Manager & Bursar, St. Thomas College, Thrissur
Felicitation	:	Mr. Jacob K. K., President, OSA Botany
Keynote Speech	:	Dr. Shaji C. P., Conservation Biologist
Successful Conservation Story	:	Dr. Anto P. V., Assistant Professor, St. Thomas College, Thrissur
Vote of Thanks	:	Joby George Eluvathingal, Secretary, OSA Botany

As part of the celebration, seedlings will be distributed to the students.

Rev. Dr. Martin K. A.
Principal

Dr. Geethu Elizabeth Thomas
HOD, Botany

Mr. Jacob K. K.
President, OSA Botany

Dr. Anto P. V.
Convenor



ENVIRONMENTAL DAY CELEBRATION – REPORT

Place: Kaviprabha Hall, St. Thomas College (Autonomous), Thrissur

Date: 05-06-2023

Environmental Day celebrations 2023 was conducted by Research Department of Botany in association with OSA Botany and Nature Club, St. Thomas College (Autonomous), Thrissur on 5th June 2023 at 10.00 am in Kaviprabha Hall of the College.

Keynote Speaker: Dr. Shaji C P, Conservation Biologist

Objective of the programme: To make students aware of the relevance of World Environmental Day in the present day scenario and also to make them enthusiastic to conserve our nature

Description:

The program was presided over by our principal, Rev. Dr. Martin K A. The inauguration of the program which was followed by seedling distribution was done by Executive Manager and Bursar, Rev. Fr. Biju Panengadan. The keynote speech was carried by Dr. Shaji C P, Conservation Biologist. He emphasized the importance of studying natural history in order to develop an empathy towards each and every individual member of the environment, be it a plant or animal. His various stories behind the vernacular names of flora and fauna was very enlightening and informative. Dr. Anto P V, Convenor of the program shared a successful conservation story. He explained how a critically endangered plant, *Syzygium travancoricum*, was successfully propagated and restored. Dr. Geethu Elizabeth Thomas, HOD, Department of Botany, Mr. Jacob K K, President, OSA Botany and Mr. Joby George, Secretary, OSA Botany addressed the gathering.

Number of participants: 140

Outcome: the program could provide the importance of conservation of nature as a whole. The keynote speech was really thought provoking that how intensely we are indebted to nature and we should save our earth for the future generations.

Signature of Coordinator:



BLOOD DONATION AWARENESS SEMINAR

Date: 15-06-2023

On 15-06-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur participated in a blood donation awareness seminar along with the NSS volunteers, which was conducted by the Internal Quality Assurance Cell (IQAC) in association with ABE Services. The seminar was conducted at Medlycott Hall. The programme started at 1 pm. The presidential address was delivered by Rev. Fr. Dr. Martin K A (Principal). The Inaugural address was given by Shri T N Prathapan (Member of Parliament, Thrissur). Following that the "ABE RAKTA DAAN AWARD 2023" was awarded to Dr. Vimala K John (NSS Coordinator), Capt. (Dr.) Sabu A S (Associate NCC Officer), Mr. Ranjeeth Krishna and L/Cpl Christeena T F. An awareness session was conducted by Shri. Dheeraj Kumar (Coordinator, Greater Kochi Blood Cell) . This programme made the participants understand more about blood donation. Everybody was motivated to donate blood atleast once in their lifetime.



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READING DAY

Date: 19-06-2023

On 19-06-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur distributed various books among the students on behalf of Reading Day as a tribute to the honoured P.N. Panicker's contributions. This made the public learn, imbibe and celebrate the habit of reading.



REPORT

DEPARTMENT OF LANGUAGES- Malayalam & Hindi

The Department of Languages – Malayalam & Hindi ,St. Thomas College (Autonomous), Thrissur has conducted a seminar in connection with" Reading Day" on 19th June, 2023.

Dr. Fr. Thomas Edakkalathur Head of the Malayalam Department welcomed all. Rev Dr.Fr.Martin K.A.Principal of the college presided over the functon. Rev. Fr.Biju John Panengaden Executive Manager inaugurated the programme. Associate Bursar Rev Dr. Fr.Finosh Keeticka has given felicitations.Then Mr. Sanjo jose(Librarian,Santhom Athenaeum) presented a paper on" vaayanayum e- vaayanayum praadhanyavum".

89 students from various departments attended the seminar. Ms Dr.Bini Varghese K. Head of the Hindi Department thanked all.





ST. THOMAS COLLEGE (AUTONOMOUS)

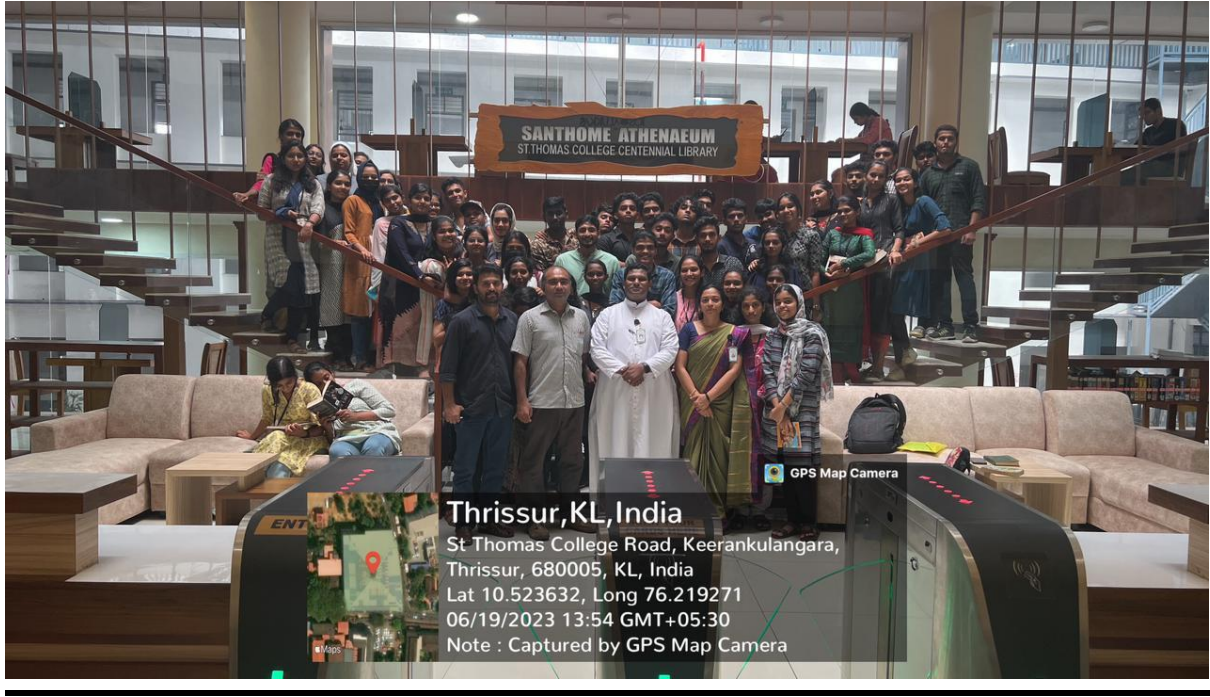
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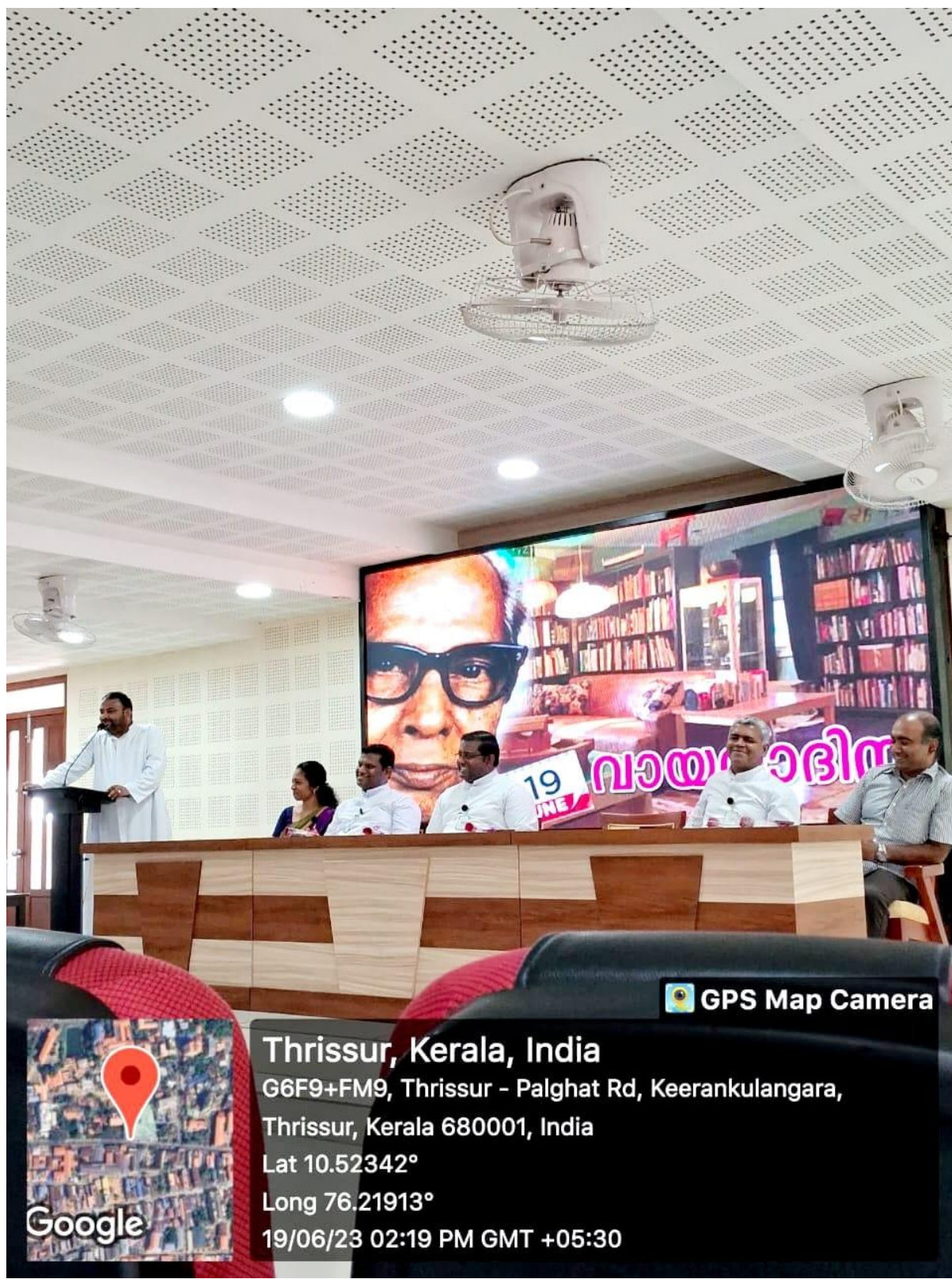
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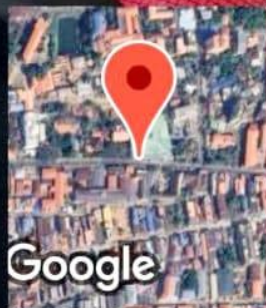
NAAC (4th Cycle): A++ Grade, 3.70 Score
NIRF Ranking 2023: 57

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NAAC 5th Cycle Accreditation



 GPS Map Camera



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Thrissur, Kerala 680001, India
Lat 10.52342°
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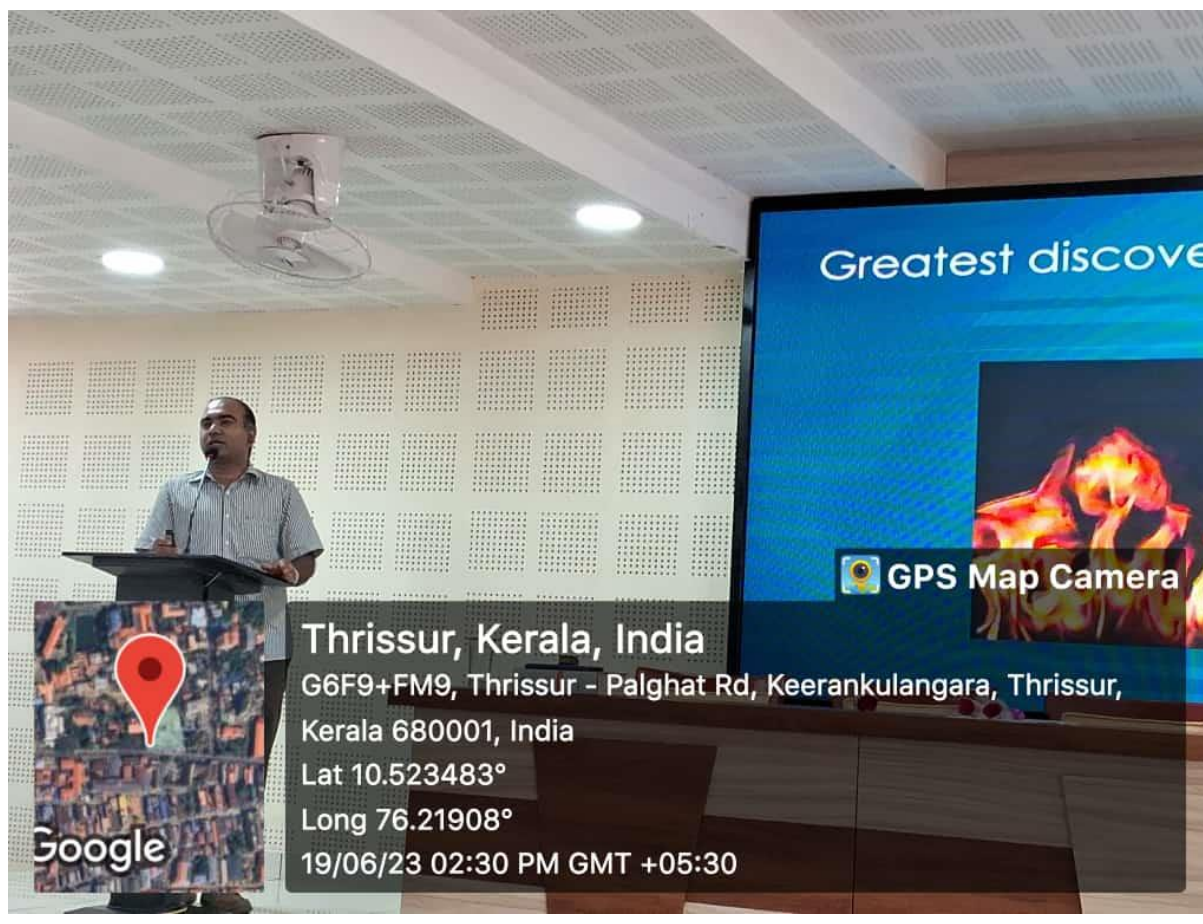
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NIRF Ranking 2023: 57

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ST. THOMAS COLLEGE (AUTONOMOUS), THRISSUR
Affiliated to the University of Calicut
NAAC (4th Cycle): A++ Grade & 53rd Rank in NIRF 2023

Department of English (S.F.)
Book Fiesta
Versification Competition

Guidelines to be followed

1. The participant has to be a student of St. Thomas college (Autonomous), Thrissur
2. The poem writing competition is to be held online & all entries should be forwarded to the student co-ordinator Lakshmi S. (+91 7907245084) using whatsapp. It should also contain the Name and Department of the student
3. The theme of the competition is "Power of literature". You may choose any attractive title for your poem which is related to the theme
4. The entries will be accepted till **30/06/2023, 7 pm**
5. The medium of language is English
6. The decision of the jury will be final

Staff co-ordinator	Vice principal			
Head of the Dept. Francis T.V	Ancy Raphel	Student co-ordinators Lakshmi S. Aadhithya Krishna	Dr. E.D John	Principal Dr. (Fr.) Martin K.A



The vespersification competition was a successful event that achieved its objective of promoting literary talent among students. The event provided a platform for students to express their thoughts and feelings through vespers, and the participants showcased their creative writing skills.

recommendations

1. Future events: the college should continue hosting such events to promote literary talent and provide a platform for students to express themselves creatively.
2. Increased participation: efforts should be made to increase participation from students, and the event should be promoted through various channels to reach a wider audience.
3. Inter-collegiate competition: the college should consider hosting an inter-collegiate vespersification competition to provide a platform for students from different colleges to showcase their talents.



INTERNATIONAL YOGA DAY

Date: 21-06-2023

On 21-06-2023 the NCC cadets of St Thomas College (Autonomous), Thrissur participated in a yoga session organised by Ernakulam group in Thekinkad Maidan to celebrate International Yoga Day. Cadets reported at 8am. Cadets from 7 (K) Girls battalion, 23 (K) battalion and 24 (K) battalion participated in this programme. AO, CO and PI staff of the respective battalions also took part in the session. Three cadets demonstrated different yoga asanas step by step and explained its benefits. Breakfast was provided after the session. This session was helpful in spreading awareness on the importance of physical, mental, and spiritual benefits of practising yoga to the public.





UG ADMISSION DUTY

Date: 22-06-2023 and 23-06-2023

On 22-06-2023 and 23-06-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur did the volunteering duty for the UG admission 2023. The cadets helped in prohibiting the entry of trespassers, guiding and managing the programme, and also solved queries of students and parents.

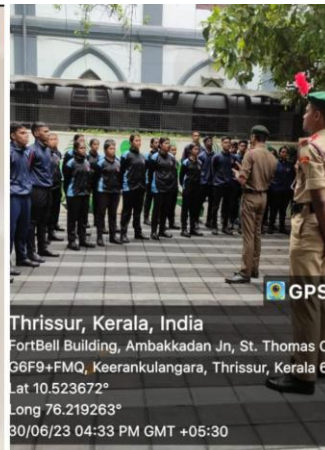
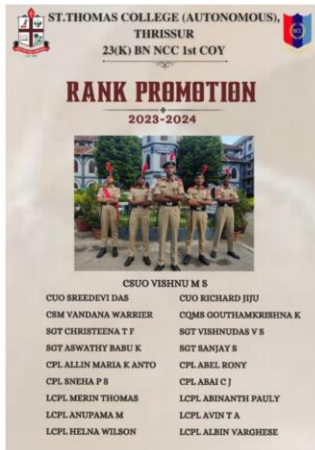




RANKING CEREMONY

Date: 30-06-2023

On 30-06-2023, the piping ceremony for the 2023-2024 batch of NCC cadets of St. Thomas College (Autonomous), was organised at Gandhi Smriti at 4pm. Capt. Dr. Sabu A S (Associate NCC Officer) officiated the ceremony. The unit's wing consists of CSUO Vishnu M S, CUO Sreedevi Das, CUO Richard Jiju, CSM Vandana Warriar and CQMS Gouthamkrishna K. The other rank holders were also officially given their ranks. Capt. Dr. Sabu A S briefed the cadets about the duties and responsibilities of the rank holders.

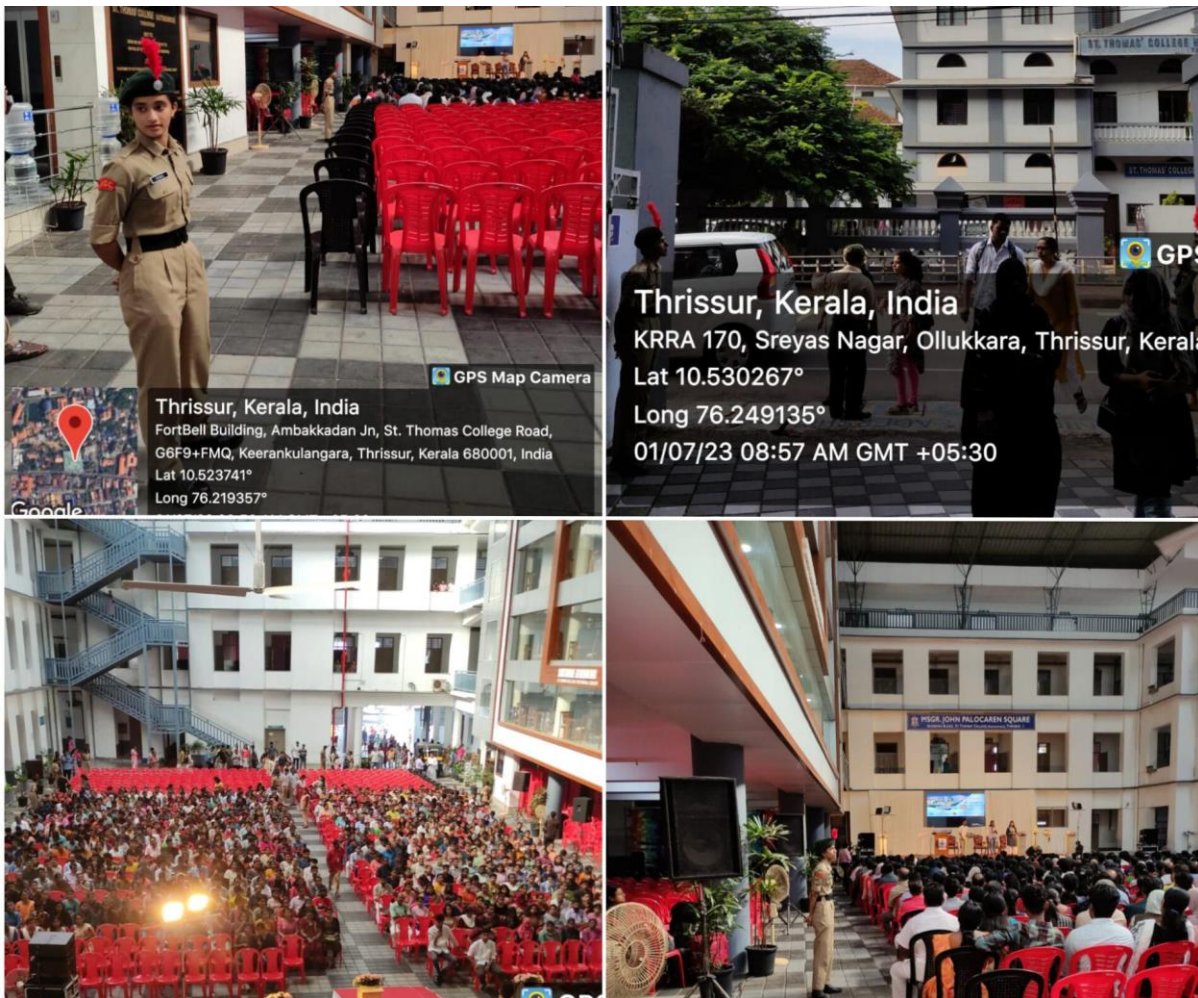




INDUCTION PROGRAMME

Date: 01-07-2023

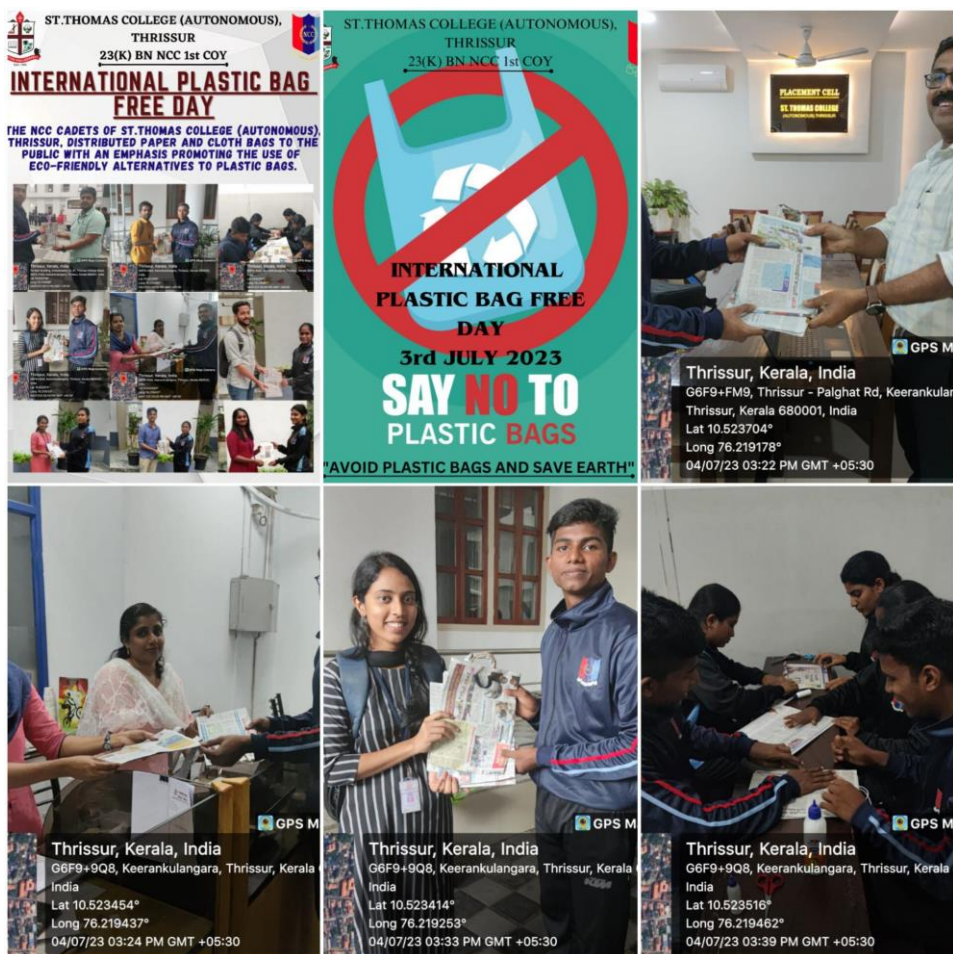
On 01-07-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur did volunteering duty for the Induction Programme of UG students 2023. Duty began at 8:30 am. Cadets coordinated and maintained discipline of the programme by solving the queries of students and parents and also control traffic. Cadets distributed snacks and drinks to them as well. They also prevented any attempts of trespassing.



INTERNATIONAL PLASTIC BAG FREE DAY

Date: 04-07-2023

On 04-07-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur made paper and cloth bags and distributed them in the college, and made the students and teachers aware of the celebration of International Plastic Bag Free Day. This day serves as a reminder to individuals and communities to reduce their reliance on plastic bags and find more sustainable eco-friendly solutions. This initiative taken by the cadets successfully enlightened the minds of many and thus helped to spread the message to develop a plastic bag free world.





THILAKKAM 2023

Date: 22-07-2023

On 22-07-2023, the NCC Cadets of St. Thomas College (Autonomous), Thrissur participated in a programme called Thilakkam. With a persistent dedication to enhancing lifelong learning, Thrissur corporation has embraced upon a comprehensive and advanced initiative called the Thilakkam learning city project. The cadets gave piloting for Smt. Dr. R. Bindu (Honourable Minister for Higher Education and Social Justice, Government of Kerala) and she inaugurated the program. Cadets helped to maintain the discipline of programme and solve the enquiries of people.

KARGIL VIJAY DIWAS

Date: 26-07-2023

On 26-07-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur celebrated Kargil Vijay Diwas to commemorate the success of Operation Vijay. The cadets exhibited informative charts and decorated Amar Jawan Jyothi to spread the message of the victory in the college. Principal Fr Dr Martin K A addressed the cadets.





CONVOCAATION DAY

Date: 27-07-2023

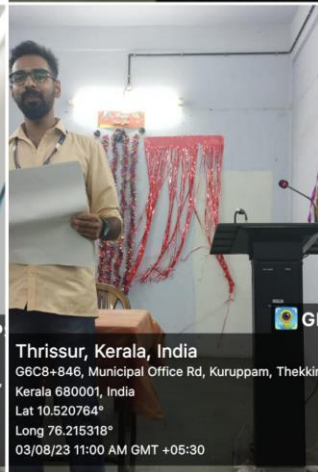
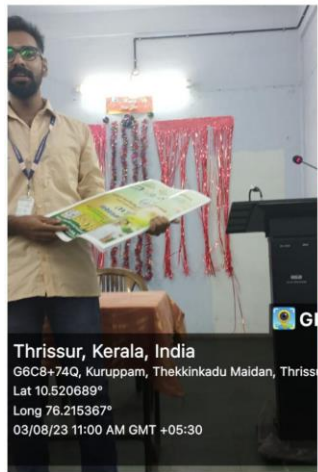
On 27-07-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur volunteered for the program "Laurea 2023-Convocation". The cadets helped to prohibit trespassers, assured the entry of students and parents by verifying their entry passes, seated them in an organised manner and maintained discipline throughout the program. Cadets also helped in the smooth functioning of the program.



SWACHH SURVEKSHAN 2023

Date: 03-08-2023

On August 3, 2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur participated in a meeting with executive officers of Corporation at 10:30 am at Thrissur Muncipal Corporation. The VFYC app was introduced to the cadets. Civilians will acquire an opportunity to participate in the survey conducted by the Ministry of Housing and Urban Affairs since 2016, in the app by which they can improve the ranking of cleanliness of Muncipal Corporation at all India level. The cadets encouraged the public to participate in the survey by introducing the app.



Thrissur, Kerala, India
66C8+74Q, Kuruppam, Thekkinkadu Maidan, Thrissur
Lat 10.520689°
Long 76.215367°
03/08/23 11:00 AM GMT +05:30

Thrissur, Kerala, India
66C8+744, Municipal Office Rd, Near Corporation office, Maidan, Thrissur, Kerala 680001, India
Lat 10.520665°
Long 76.215404°
03/08/23 10:54 AM GMT +05:30

Thrissur, Kerala, India
66C8+846, Municipal Office Rd, Kuruppam, Thekkinkadu Maidan, Thrissur, Kerala 680001, India
Lat 10.520764°
Long 76.215318°
03/08/23 11:00 AM GMT +05:30

NCC ENROLLMENT 2023

Date: 09-08-2023

On 09-08-2023, the NCC unit of St. Thomas College (Autonomous), Thrissur conducted the enrollment for first year UG students, 2023. The selection was held at Thope ground. Participants reported at 10 am. Selection process was led by army officers from 23 Kerala Battalion. Candidates had medical and physical tests, 100m running, 5m shuttle run and push-ups to verify whether they were eligible for the enrollment. The selection process ended by 11:30 am.





SCIENCE QUIZ COMPETITION

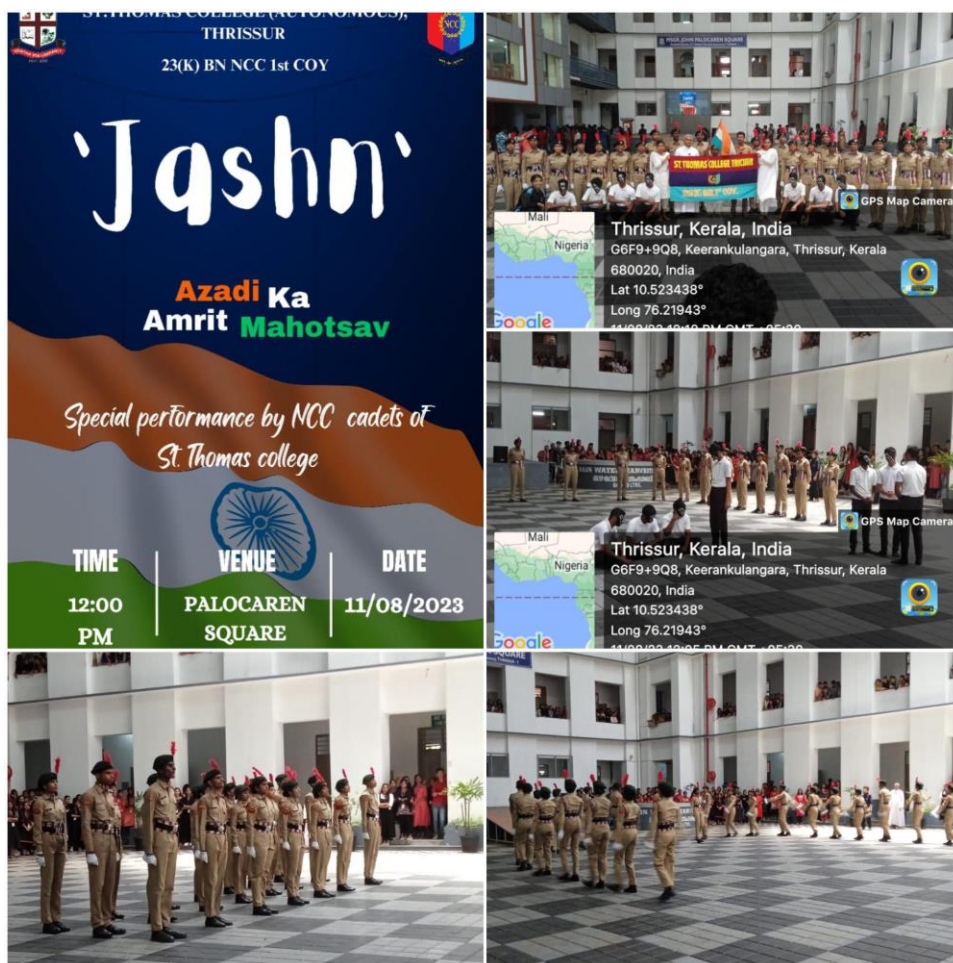
Date: 11-08-2023

On 11-08-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur took part in "Anu Awareness Yathra-2023" a science quiz competition organised by Christ College (Autonomous), Irinjakkuda. The competition was held under the leadership of Indira Gandhi Centre for Atomic Research (IGCAR), Kalpakkam. Reporting time was at 9:30 am. There were technical talks, exhibition on nuclear energy and a quiz as part of the event. 2 SW cadets participated in the quiz competition.

JASHN

Date: 11-08-2023

On 11-08-2023, the NCC unit of St. Thomas College (Autonomous), Thrissur conducted a special programme 'Jashn' in connection with the 77th Independence Day. The cadets conducted a parade which included many formations. 7 SD and 14 SW cadets took part in it. The programme started with a patriotic theme dance and a mime. The parade was held at Palocaren Square at 12 noon. CUO Sreedevi Das and CQMS Gouthamkrishna K led the parade. The programme aimed to give an outlook of NCC to other students.



INDEPENDENCE DAY

Date: 15-08-2023

On 15-08-2023 the NCC cadets of St. Thomas College (Autonomous), Thrissur celebrated 77th Independence Day in the presence of a gleeful gathering. The program began at 9:30 am. The inaugural speech was delivered by Vice Principal, Fr. Dr. Anil George K. Principal, Fr. Dr. Martin K A hoisted the National flag which was followed by the National Anthem. The NCC cadets performed a march past to pay homage to the brave martyrs. Associate NCC Officer, Capt. Dr. Sabu A S delivered the vote of thanks. Sweets were distributed towards the end of the program. The event came to a close with the National Anthem.



CPR SKILLING PROGRAMME

Date: 12-09-2023 and 13-09-2023

On 12-09-2023 and 13-09-2023, the NCC cadets from St. Thomas College (Autonomous), Thrissur volunteered for CPR and AED classes. These classes were conducted at the college as part of an initiative for 2nd-year UG students, organized by IQAC and in collaboration with the Heart Care Foundation, Kochi. The sessions included both awareness and practical training, with the cadets playing a crucial role in maintaining discipline. Additionally, they received training in providing CPR to the casualty.





OPEN DAY

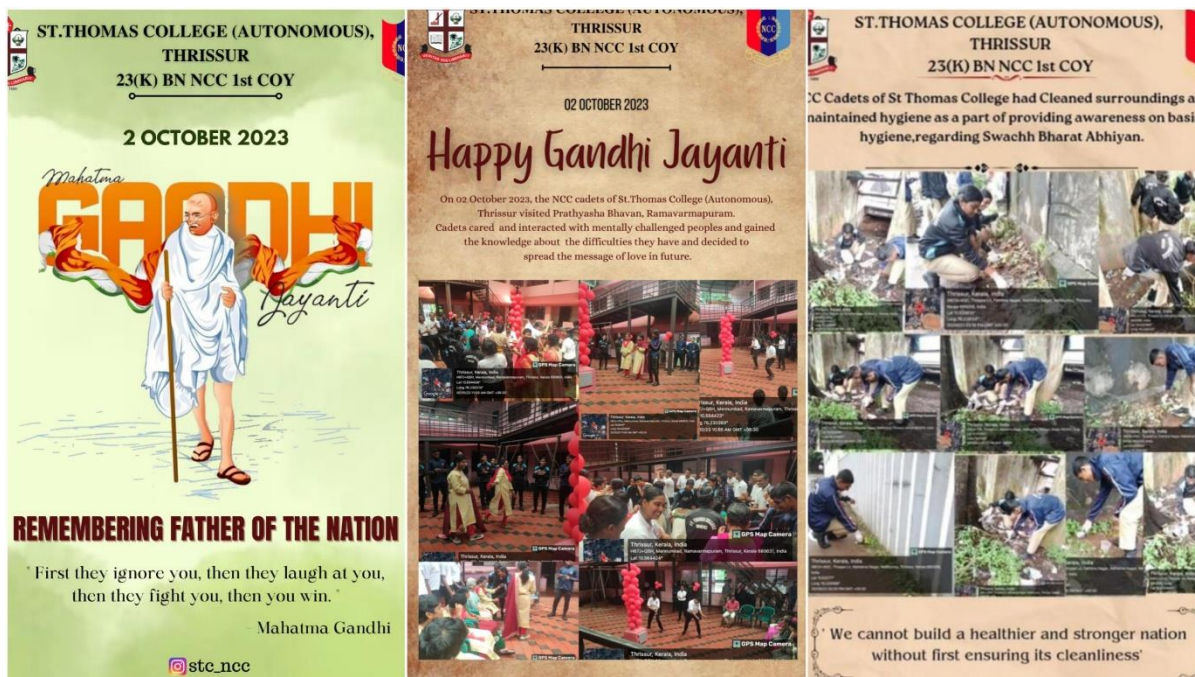
Date: 14-09-2023, 15-09-2023

On 14-09-2023 and 15-09-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur volunteered for Open Day which was organised by the college. It was spread over two days and had several students and teachers participating and collaborating hand in hand to make the event successful. Open Day gave us a great opportunity to learn more about college and all the amazing programs they offer.

CLEANING DRIVE

Date: 30-09-2023

On 30-09-2023 The NCC cadets of St. Thomas College (Autonomous), actively participated in cleaning the premises of Thope Indoor Stadium. The main purpose of this program was to create awareness among students about cleanliness and its benefits. It's such a wonderful way to pay tribute to Gandhiji's legacy and promote a cleaner environment. The collective effort of the NCC cadets truly reflects the spirit of Gandhi Jayanti.





ALL INDIA THAL SAINIK CAMP

Date: 19-09-2023 to 30-09-2023

All India Thal Sainik Camp is a 12 days camp conducted in Delhi every year in the late autumn, in which the cadets are selected from all 17 directorates. 2 NCC cadets from St. Thomas College (Autonomous), Thrissur took part in the All India Thal Sainik camp, representing the Kerala & Lakshadweep directorate. The National camp was held from 19-09-2023 to 30-09-2023, at Cariappa Parade Ground, Delhi Cantt. SGT Christeena T F participated in the Map reading competition, which included written and practical tests. CDT P Mahesh Kumar participated in the Health and Hygiene competition which included OMR tests and viva. Both of them completed their camps, which was a long journey of hard work and enthusiasm. The camp aimed to give exposure to salient aspects of Army Wing Training, generate competitive spirit & foster a sense of discipline, leadership and national integration among the participating cadets.

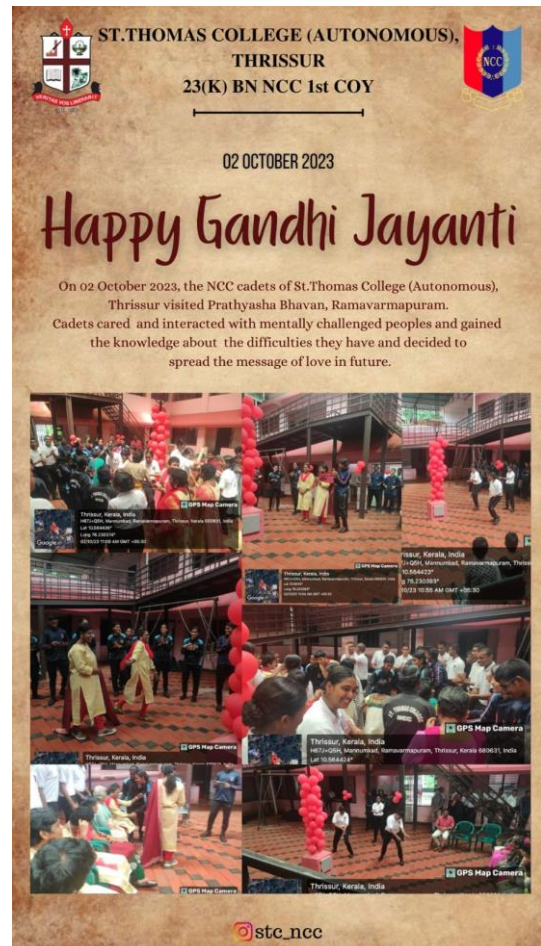
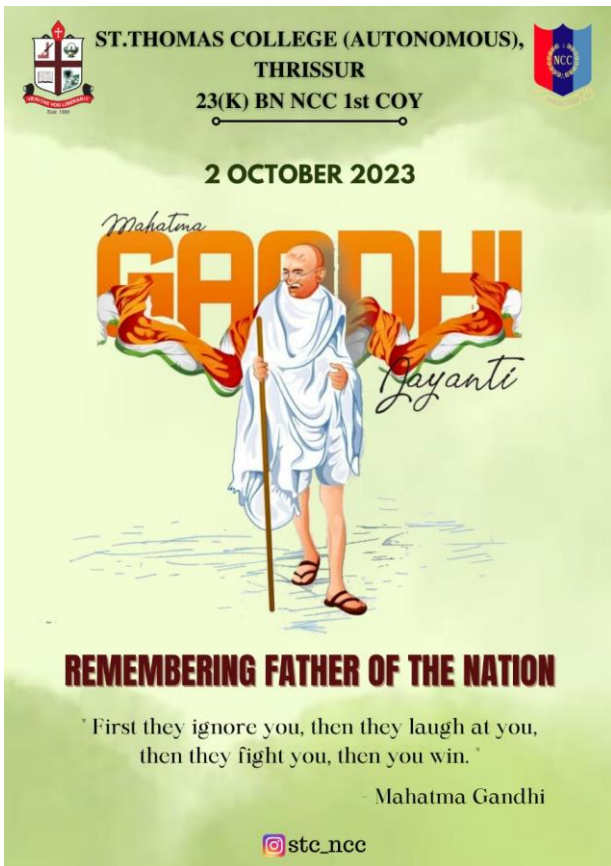




PRATHYASHA BHAVAN VISIT

Date: 02-10-2023

On 02-10-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur visited Prathyasha Bhavan, at Ramavarmapuram. 20 SD and 20 SW cadets reached the venue at 10:30 am. Cadets conducted various programmes to entertain the residents there. They were able to spread happiness among them. The cadets also donated food staples to the institution. The programme came to a conclusion with sweet distribution. Spending time with the residents of Prathyasha Bhavan made the cadets aware of the challenges they faced. The visit helped the cadets develop a connection with the residents and they learnt that "if you do something good for someone in need, you will raise their spirits along with your own."





DEBATE - EMOTIONAL APPROACH TO DRUG ABUSE

Date: 06-10-2023

On 06-10-2023, the Excise Liberation Mission, Local Self-Government Department, Public Education Department, Collegiate Education Department and Police under the joint leadership of the Vigilance Committee organized an engaging debate on the pressing issue of emotional approach to drug abuse within our society, at Menachery Hall of St. Thomas College (Autonomous), Thrissur from 2 pm to 4 pm. District Panchayat President, P K Davis, Division Councilor, Reggie Joy. Assistant Excise Commissioner and Exemption Manager, P K Satish enhanced the programme with their presence. Thrissur Govt Medical College Associate Professor, Dr. Sebin D Kumar was the Moderator. St. Thomas College Principal, Father Martin K A, Former General Secretary Kerala Alcohol Prohibition Committee, E A Joseph, College PTA President, Adv. Tojo, NSS Coordinator, Dr. Jobi Paul, Associate NCC Officer, Capt. Dr. Sabu A S, along with NCC cadets and NSS volunteers participated in the discussion. The event aimed to raise awareness, foster dialogue, and promote critical thinking about the impact of drug abuse on individuals and our community. The debate featured enthusiastic participation from students across various disciplines and backgrounds. The debate helped the cadets to understand the dangers and severity of drugs. The cadets actively participated in the debate.





TRAINERS TRAINING PROGRAM ON THE TOPIC LAWS AND PUNISHMENTS FOR DRUG USAGE

Date: 17-10-2023

On 17-10-2023, two NCC cadets of St. Thomas College (Autonomous), Thrissur attended an awareness session conducted by Excise Division Thrissur at St. Mary's College Thrissur, which was the continuation of a previous debate on the topic of drug abuse. The program was from 9:30 am to 1:30 pm. The program was conducted in the presence of honourable guests Sri. S Shanavas (Asst. Excise Commissioner) , Sri. P K Satheesh (Vimukti Manager) , Smt. Saritha Raveendran (Secretary, DLSA Thrissur) and Sister DR. Beena T L (Principal, St. Mary's College, Thrissur). The event aimed towards minimizing the abuse of drugs and alcohol encouraging addicts/dependents to access treatment. The classes featured the laws and regulations relating to narcotic drugs and created awareness among the representatives present there about the punishments of drug cases. The class helped us to understand the consequences of usage of drugs and how children must be nurtured and protected from drug use and other forms of risky behaviour to ensure that they grow up as healthy, productive members of society.



BLOOD DONATION AT IMA BLOOD BANK

Date: 28-10-2023


On 28-10-2023, NCC Cadets of St. Thomas College (Autonomous), Thrissur participated in Blood Donation Camp which was held at IMA Blood Bank, Ramavarmapuram. 12 SD and 12 SW cadets reported at the blood bank at 10 am. Blood donors were selected after necessary checkups. The aim of the cadets was to save lives and motivate people to donate blood and social works.




EKTA DIWAS

Date: 31-10-2023


On 31-10-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur celebrated Ekta Diwas to pay homage to Sardar Vallabhbhai Patel for his remarkable efforts in integrating India by bringing all princely states together after Independence. The cadets prepared placards containing slogans and circulated through social media. Through this initiative, the cadets made the public aware that, this is an occasion to promote the ideals of national integration, patriotism, and unity among the citizens of India.



**ST. THOMAS COLLEGE (AUTONOMOUS),
THRISSUR**
23(K) BN NCC 1st COY




OCT 31 2023
NATIONAL UNITY DAY



**"WE CANNOT BE SEPARATED IN INTEREST OR DIVIDED
IN PURPOSE. WE STAND TOGETHER UNTIL THE END." -
WOODROW T. WILSON**

stc_ncc




**ST. THOMAS COLLEGE (AUTONOMOUS),
THRISSUR**
23(K) BN NCC 1st COY



EKTA DIWAS

October 31st 2023



**There is something unique in
this soil, which despite many
obstacles has always remained
the abode of great souls**

stc_ncc



Volunteering for Kerala State Higher Education Curriculum Framework Meeting

Date: 08-11-2023

On 08-11-2023, the NCC cadets of St.Thomas College (Autonomous), Thrissur volunteered for the meeting on the topic “ Four year undergraduate programme “ conducted regarding the Kerala State Higher Education Curriculum Framework. The reporting time for cadets was at 8:10 am. The meeting was conducted at Kaviprathiba Hall. It began at 10 am and ended at 5 pm. Faculties representing colleges from different parts of Kerala were present. The cadets helped with sorting the parking slots, guided them to the hall, solved their needs and enquiries and thus ensured the discipline of the programme.





AGNI 2023

Date: 24-11-2023

On 24-11-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur conducted a programme in connection with NCC day, named "AGNI 2023". The cadets performed Cane Drill and Dance forms of various states in India at Palocaran Square at 12 pm. They had a lineup of traditional dances from Uttar Pradesh, North East India, Goa, Punjab, Gujarat, Rajasthan, and Kerala which gave the audience a glimpse of the rich and varied culture of our beautiful nation. The cadets also demonstrated the Section Battle Drill of Infantry Battalion, which is a type of standard operating procedure used in the training of infantry, at Palocaren Square, at 3 pm. Principal Fr. Dr. Martin K A and Executive Manager Fr. Biju Panengaden were present during the programme. The programme was supervised by Associate NCC Officer, Capt Dr. Sabu A S. The show was well received by the audience.



MINI MARATHON RUN

Date: 29-11-2023

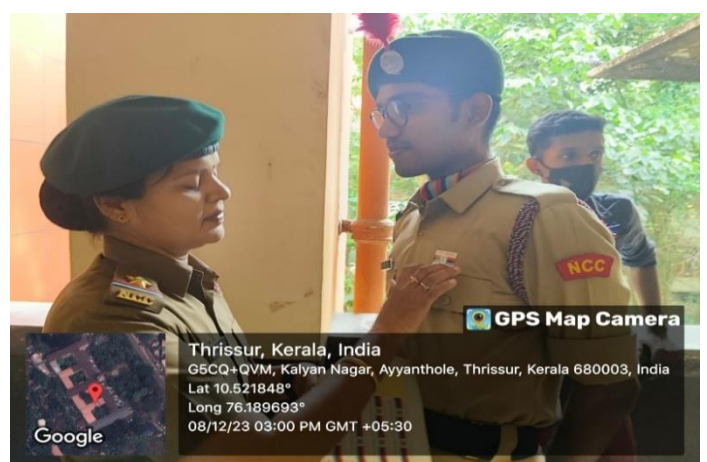
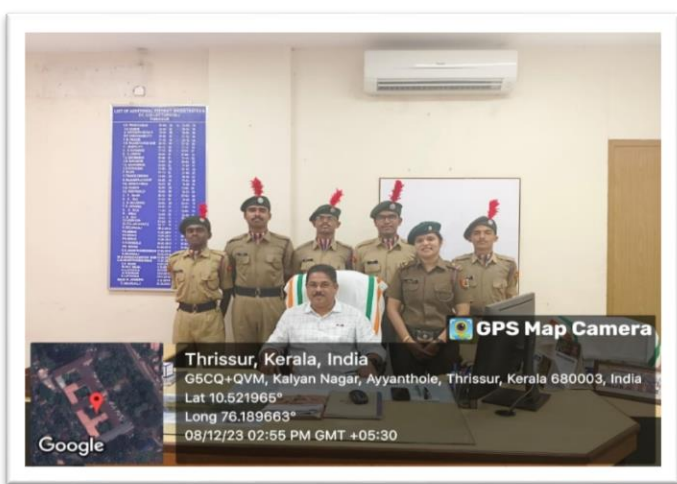
On 29-11-2023, the NCC cadets of St. Thomas College (Autonomous) Thrissur, organised a marathon from 7:30 to 8:15 am at Swaraj Round in connection with the theme Say No To Drugs. About 60 cadets held handmade placards promoting the idea of a drug free nation. The aim of conducting this programme was to mobilise support and inspire people to act against drug abuse and trafficking. The marathon encouraged young people to put their health first by doing physical exercises and not take drugs as a solution to their problems.



NATIONAL ARMED FORCES FLAG DAY CELEBRATION

Date: 08-12-2023

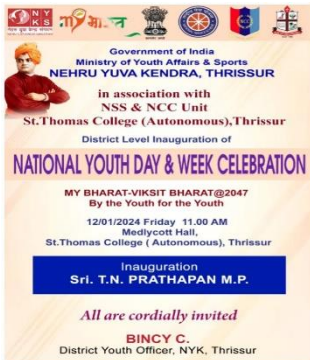


On 08-12-2023, five NCC cadets of St. Thomas College (Autonomous), Thrissur attended a programme that was held at the Thrissur Collectorate, Ayyanthole. The cadets reported for the programme at 2:00 pm. The programme started at around 2.30 pm. The Deputy Collector of Thrissur, T.Murali was the Chief Guest of the programme. The cadets were given stamps of the National Armed Forces Flag by the Deputy Collector. The cadets of St. Aloysius College and Sree Kerala Varma College were also present. The programme was supervised by GCI Prasanna Madam. The programme gave some important insights on National Armed Forces and their necessity to all cadets.



NATIONAL YOUTH DAY AND WEEK CELEBRATION 2024

Date: 12-01-2024

On 12-01-2024, Nehru Yuva Kendra, Thrissur conducted district level inauguration of National Youth day and week celebration 2024, in association with the NCC and NSS units of St. Thomas College (Autonomous), Thrissur. In this programme a motivational talk was given by Satheesh sir, trainer of youth dynamics. Honourable MP, T N Prathapan inaugurated the programme. Principal, Fr. Dr. Martin K A and Associate NCC Officer, Captain Dr. Sabu A S conveyed their message to the participants. The inauguration of the national youth festival in Nashik, Maharashtra inaugurated by our Prime Minister, Narendra Modi was telecasted live in the Medlycott hall. Cadets and volunteers actively participated in cultural programmes. The programme concluded with the vote of thanks by NSS programme officer, Dr. Joby Paul.

 <p>Government of India Ministry of Youth Affairs & Sports NEHRU YUVA KENDRA, THRISSUR in association with NSS & NCC Unit St. Thomas College (Autonomous), Thrissur District Level Inauguration of NATIONAL YOUTH DAY & WEEK CELEBRATION MY BHARAT-VIKSIT BHARAT@2047 By the Youth for the Youth 12/01/2024 Friday 11.00 AM Medlycott Hall, St. Thomas College (Autonomous), Thrissur Inauguration Sri. T.N. PRATHAPAN M.P. <i>All are cordially invited</i> BINCY C. District Youth Officer, NYK, Thrissur</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="2">Programme</th> </tr> </thead> <tbody> <tr> <td>11.00 AM</td> <td>: Floral tribute to Swami Vivekananda</td> </tr> <tr> <td>11.05 Prayer</td> <td>: NSS Team</td> </tr> <tr> <td>Welcome Address</td> <td>: Sri. NANDAKUMAR O. Programme Officer, Nehru Yuva Kendra, Thrissur</td> </tr> <tr> <td>Introductory Remarks</td> <td>: Dr. Fr. MARTIN K.A. Principal, St. Thomas College (Autonomous), Thrissur</td> </tr> <tr> <td>Presidential Address</td> <td>: Smt. LATHA CHANDRAN Vice-President, District Panchayat, Thrissur</td> </tr> <tr> <td>Inaugural Address</td> <td>: Sri. T.N. PRATHAPAN M.P.</td> </tr> <tr> <td>Key-note Address</td> <td>: Rev. Fr. BLUJ PANENGADAN Ex-Manager, St. Thomas College (Autonomous), Thrissur</td> </tr> <tr> <td>Felicitation</td> <td>: Sri. REJI JOY Councillor, Corporation of Thrissur</td> </tr> <tr> <td></td> <td>: Sri. RENJITH VARGHESE District Co-ordinator, NSS, University of Calicut</td> </tr> <tr> <td></td> <td>: Rev. Fr. SABU A.S AHO, NCC Unit St. Thomas College (Autonomous), Thrissur</td> </tr> <tr> <td>Vote of Thanks</td> <td>: Dr. JOBY PAUL P.O NSS, St. Thomas College (Autonomous), Thrissur</td> </tr> <tr> <td>11.45</td> <td>: YOUTH DYNAMICS Sri. SATHEESH.T.V. Trainer</td> </tr> <tr> <td>12.15</td> <td>: PM'S SPEECH LIVE FROM NATIONAL YOUTH FESTIVAL, NASHIK, MAHARASTRA</td> </tr> <tr> <td></td> <td>: CULTURAL EVENTS NSS & NCC Team</td> </tr> </tbody> </table>	Programme		11.00 AM	: Floral tribute to Swami Vivekananda	11.05 Prayer	: NSS Team	Welcome Address	: Sri. NANDAKUMAR O. Programme Officer, Nehru Yuva Kendra, Thrissur	Introductory Remarks	: Dr. Fr. MARTIN K.A. Principal, St. Thomas College (Autonomous), Thrissur	Presidential Address	: Smt. LATHA CHANDRAN Vice-President, District Panchayat, Thrissur	Inaugural Address	: Sri. T.N. PRATHAPAN M.P.	Key-note Address	: Rev. Fr. BLUJ PANENGADAN Ex-Manager, St. Thomas College (Autonomous), Thrissur	Felicitation	: Sri. REJI JOY Councillor, Corporation of Thrissur		: Sri. RENJITH VARGHESE District Co-ordinator, NSS, University of Calicut		: Rev. Fr. SABU A.S AHO, NCC Unit St. Thomas College (Autonomous), Thrissur	Vote of Thanks	: Dr. JOBY PAUL P.O NSS, St. Thomas College (Autonomous), Thrissur	11.45	: YOUTH DYNAMICS Sri. SATHEESH.T.V. Trainer	12.15	: PM'S SPEECH LIVE FROM NATIONAL YOUTH FESTIVAL, NASHIK, MAHARASTRA		: CULTURAL EVENTS NSS & NCC Team	 <p>ssur, Kerala, India 9+6XX, Pallikkulam, Thrissur, Kerala 680001, India 0.523118° 76.219911° 1/24 12:17 PM GMT +05:30</p>
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 <p>ST. THOMAS COLLEGE (AUTONOMOUS), THRISSUR 23(K) BN NCC 1st COY JAN 12 NATIONAL YOUTH DAY "ARISE, AWAKE, AND STOP NOT TILL THE GOAL IS REACHED." - SWAMI VIVEKANANDA</p>	 <p>Thrissur, Kerala, India 9+6XX, Pallikkulam, Thrissur, Kerala 680001, India lat 10.523118° Long 76.219967° 12/01/24 12:20 PM GMT +05:30</p>																															



INDIAN MILITARY ACADEMY CAMP

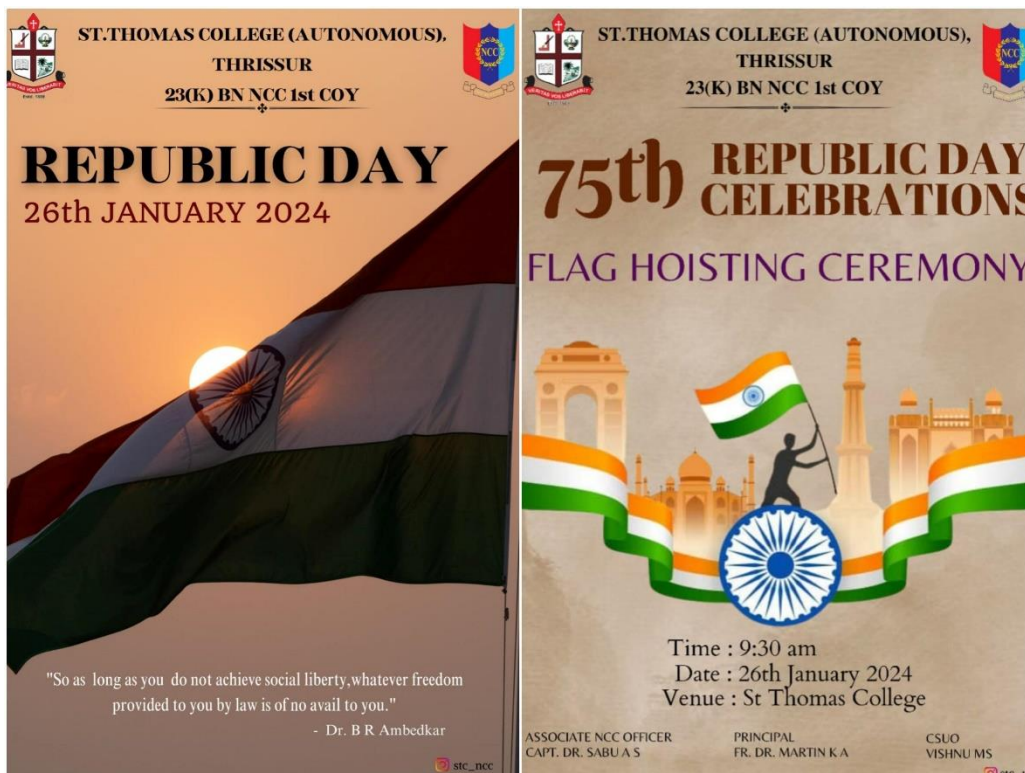
Date:17-12-2024to28-12-2024

Indian military academy camp is a 12 days camp conducted in Dehradun. Every December the cadets are selected from 17 directorates. 1 NCC cadets from St. Thomas college (Autonomous), Thrissur took part in the IMA Camp representing the Kerala & Lakshadweep Directorate. The national camp was held from 17-12-2023 to 28-12-2024, at Dehradun. CSUO ViSHNU M S participated and completed the camp which was a long journey of hard work and enthusiasm. The camp aimed to give exposure to salient aspects of Army wing training, generate competitive spirit & foster a sense of discipline, leadership and national integration among the participating cadets

REPUBLIC DAY CELEBRATION

Date: 26-01-2024

On 26-01-2024, The NCC Cadets and NSS Volunteers of St. Thomas College (Autonomous) Thrissur celebrated the 75th Republic day of our nation. Program commenced at 9:30 am. College Principal Fr. Dr. Martin K A hoisted the national flag. The Associate NCC Officer, Capt. Dr. Sabu A S delivered the welcome speech. The SW Cadets led by CUO Sreedevi Das and CSM Vandana Warriar displayed the drill and offered salute to the national flag. College principal Fr. Dr. Martin K A delivered the Republic Day message. The patriotic dance of NCC Cadets and patriotic song of NSS Volunteers made the program more attractive. Ex- NCC cadets of St. Thomas College were also present in the program. The NSS coordinator Dr. Vimala K John extended vote of thanks. Program concluded with the national anthem.





B CERTIFICATE EXAMINATION

Date: 10-02-2024 & 12-02-2024

The NCC cadets of St.Thomas College (Autonomous), Thrissur, attended the 'B' certificate exam held at Sri C Achutha Menon College, Kuttanellur from 7 am to 11 am. Practical exam was on 10-02-2024 and written exam on 11-03-2024 . 31 cadets wrote the 'B' certificate exam from St. Thomas College (Autonomous), Thrissur.

FLAIR NCC FEST 2024

Date: 03-02-2024

On 03-02-2024, The NCC cadets of St.Thomas college (Autonomous), Thrissur participated in the NCC Fest named Flair 3.0 held at, St. Albert's College, Kaloor. The fest started with an inauguration programme. The Ernakulam Group Commander of NCC, Commodore Simon Mathai and the other officials of the St. Albert's College were present in the programme. After the inauguration the competitions started. The NCC cadets of St.Thomas college have actively



participated in the Guard mounting, Quiz, Drill Squadron, Pushup challenge and Arm wrestling. SW cadets won 1st prize in Drill Squadron competition by securing the pride of St.Thomas Royal NCC and they were honored for their hard work with memento and a cash



prize. The programme ended with the prize distribution ceremony. The following poster was circulated on social media.

PULWAMA DAY

Date: 14-02-2024

On 14-02-2024, the NCC cadets of St. Thomas College (Autonomous), Thrissur, observed the 5th anniversary of the Pulwama attack in Gandhi Smriti at 8:20 am. The Associate NCC officer Capt. Dr. Sabu A S delivered the welcome speech and Principal Rev. Fr. Dr. Martin K A gave a thoughtful speech on the dedication and sacrifices of our brave soldiers. The patriotic song performed by first-year NCC cadets evoked a sense of pride and respect among those who were present. A floral tribute was offered to the martyrs of the Pulwama attack by the Principal and ANO along with NCC cadets. The following posters were circulated on social media.





VOLUNTEERING DUTY ON RECEPTION FOR MAR RAPHAEL THATTIL

Date: 26-02-2024

On 26-02-2024, the cadets of St. Thomas College (Autonomous), Thrissur, volunteered the reception for Mar Raphael Thattil, who was recently appointed as Major Archbishop of the Syro-Malabar Church. He was warmly welcomed at palocaren square at 9:00 am. Alongside Mr. James V.P (Mechanic) and Mr. Sunil E.K.(Library Assistant) were given farewell as a gesture of respect and unity. Archbishop Mar Andrews inaugurated the event, chaired by Mar Tony Neelankavil. Key participants included Principal Rev. Dr. Martin Kolamprath and Executive Manager Fr. Biju P. Panangadan. The occasion celebrated the college's centenary and the golden jubilee of its Research Departments, marked by the distribution of a wheelchair and financial aid of 5 lakhs for a student in need. Additionally, students excelling in library book reading were acknowledged. After the program, food was also distributed among people, it was served by NCC cadets.



ST. THOMAS COLLEGE (AUTONOMOUS)

THRISSUR, KERALA - 680 001



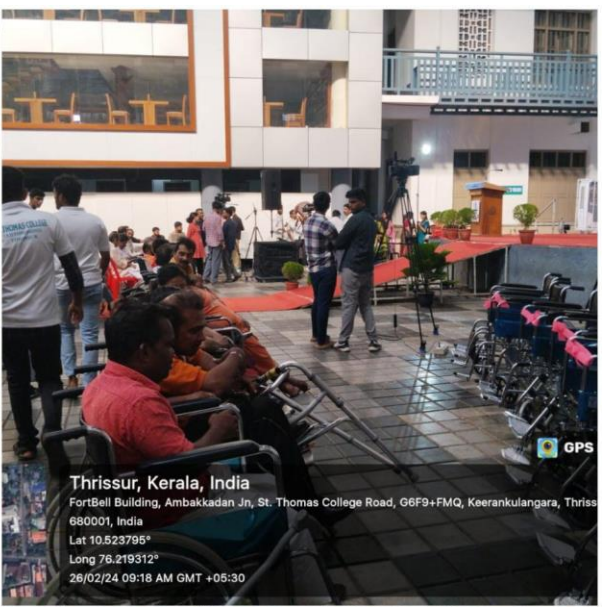
NAAC 5th Cycle Accreditation

NAAC (4th Cycle): A++ Grade, 3.70 Score
NIRF Ranking 2023: 57

www.stthomas.ac.in
iqac@stthomas.ac.in



Thrissur, Kerala, India
District hospital compound near st thomas college, G6F9+7HW, Pallikkulam, Thrissur, Kerala 680001, India
Lat 10.523333°
Long 76.219158°
26/02/24 08:22 AM GMT +05:30



Thrissur, Kerala, India
FortBell Building, Ambakkadan Jn, St. Thomas College Road, G6F9+FMQ, Keerankulangara, Thrissur, Kerala 680001, India
Lat 10.523795°
Long 76.219312°
26/02/24 09:18 AM GMT +05:30



Thrissur, Kerala, India
FortBell Building, Ambakkadan Jn, St. Thomas College Road, G6F9+FMQ, Keerankulangara, Thrissur, Kerala 680001, India
Lat 10.523774°
Long 76.219349°
26/02/24 10:22 AM GMT +05:30



Thrissur, Kerala, India
FortBell Building, Ambakkadan Jn, St. Thomas College Road, G6F9+FMQ, Keerankulangara, Thrissur, Kerala 680001, India
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Long 76.21937°
26/02/24 09:23 AM GMT +05:30



ST. THOMAS COLLEGE (AUTONOMOUS)
THRISSUR, KERALA - 680 001



NAAC 5th Cycle Accreditation

NAAC (4th Cycle): A++ Grade, 3.70 Score
NIRF Ranking 2023: 57

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C CERTIFICATE EXAMINATION

Date: 17-02-2024 & 03-03-2024

The NCC cadets of St Thomas College (Autonomous), Thrissur, attended the C certificate exam held at Sri C Achutha Menon College, Kuttanellur. During 7:00am to 11:00 am. Exam for practical on 17-02-2024 and written exam on 03-03-2024.



VALEDICTORY CEREMONY

Date: 12-04-2024

On 12-02-2024, the NCC cadets of St Thomas College (Autonomous), Thrissur, conducted the valedictory ceremony to the 2023-24 batch cadets. Event started by Guard of Honor given to Lt. Col V V Prakash which thereby followed with a photo session at 9:45 am. Welcome address was given by Capt. Dr. Sabu A S. Presidential address was given by Rev. Fr. Dr Martin K A. Lt. Col. V V Prakash inaugurated the ceremony. Felicitation given by, Manager, Rev. Fr. Biju panengadan, Sub Pramod Singh and GCI Prasanna K R. Cultural programme was done by CDT Avanthika K Haridas. Lt. Col. V V Prakash handed over the prizes to CSUO Vishnu M S and LCPL Abhinanth Pauly for attending camp at IMA Dehradun, SGT Christeena T F (for Map Reading) and CDT P Mahesh Kumar (for Health and Hygiene) for participating in All India Thal Sainik Camp. Valedictory address was given by CSUO Vishnu M S and CUO Sreedevi Das. Rank off ceremony was carryovered by Lt. Col. V V Prakash. CDT Ardra Mariya Shaji delivered the vote of thanks. The following posters were circulated on social media.



ST. THOMAS COLLEGE (AUTONOMOUS),
 THRISSUR
 23(K) BN NCC 1st COY

VALEDICTORY CEREMONY

दौड़ के चल

समय : 10 am
 जगह : Medlycott Hall
 तारीख : 12th April 2024

LEADERSHIP IS NOT ABOUT BEING IN CHARGE.
 IT'S ABOUT TAKING CARE OF THOSE IN YOUR CHARGE.
 JOIN US AS WE BID FAREWELL AND EXPRESS GRATITUDE FOR THE
 MARKS YOU LEFT ON OUR JOURNEY.



PROGRAMME CHART

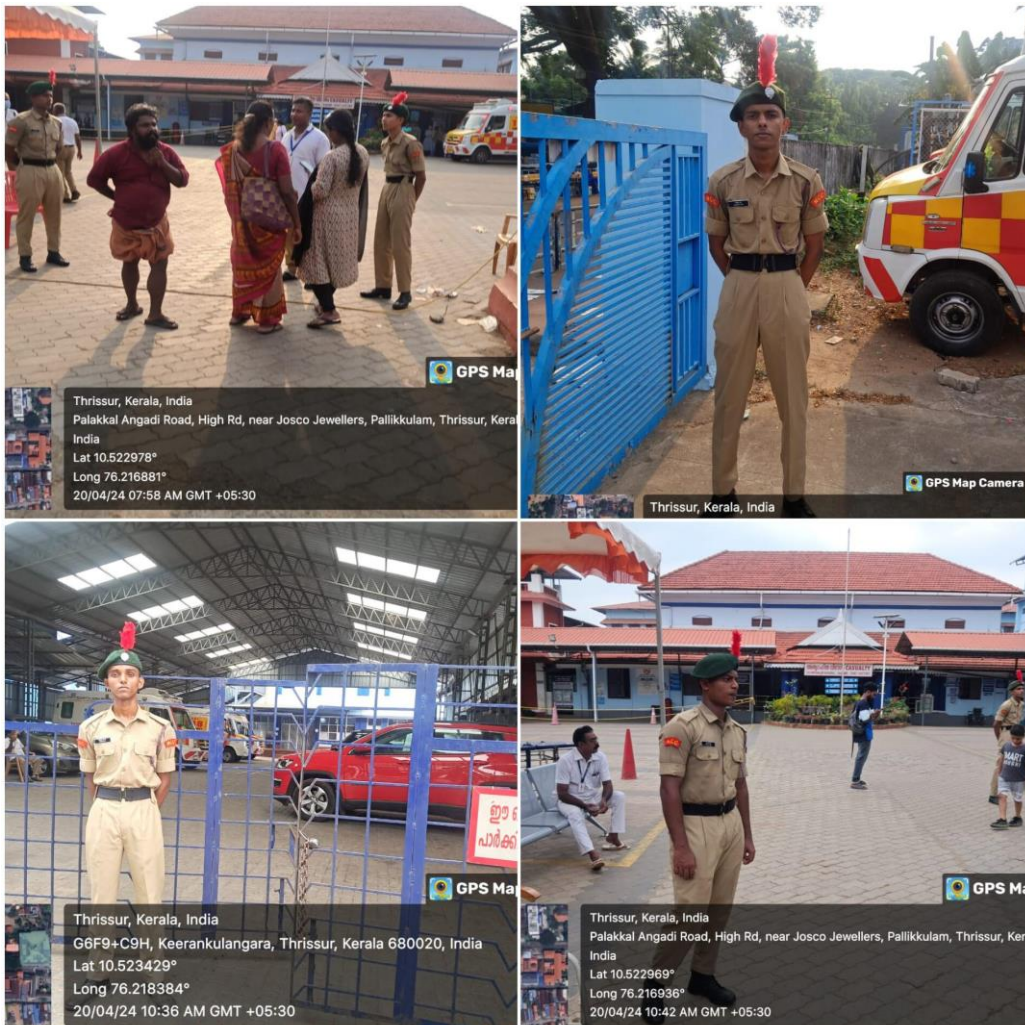
(10:05) WELCOME SPEECH	: CAPT. DR. SABU A S
(10:15) PRESIDENTIAL ADDRESS	: REV. FR. DR MARTIN K A
(10:25) INAUGURATION	: LT. COL. V V PRAKASH
(10:35) FELICITATIONS	: REV.FR. BIJU PANENGADAN
(10:45)	: GCI PRASANNA K R
(10:55) CULTURAL PROGRAMME	: CDT AVANTHIKA K HARIDAS
(11:00) PRIZE DISTRIBUTION	: LT. COL. V V PRAKASH
(11:15) VALEDICTORY ADDRESS	: SUO VISHNU M S
(11:25)	: CUD SREEDEVI DAS
(11:35) CULTURAL PROGRAMME	: CADETS
(11:45) RANK OFF CEREMONY	: LT. COL. V V PRAKASH
(12:00) VOTE OF THANKS	: CDT ARORA MARIYA SHAJI

दौड़ के चल

THRISSUR POORAM DUTY

Date: 20-04-2024

On 20-04-2024, 5 NCC cadets of St. Thomas College (Autonomous), Thrissur, was sent to the general hospital Thrissur to control the traffic and assist the casualties during Thrissur pooram. The cadets was placed in different gates of the hospital compound. Only emergency cases was allowed to pass into the hospital. The duty completed at noon and all the cadets returned to college.





PRE INTER GROUP SPORT SHOOTING COMPETITION

Date: 01-05-2024 & 10-05-2024

From 01-05-2024 to 10-05-2024 CDT Safalya S Raj from St. Thomas College (Autonomous), Thrissur participated in Pre- IGSSC camp which held at Gurukulam Public School, Venginissery. The selection for IGSSC where done in three round. Girl Cadet Instructor Prasanna K R and AO Lt. Col. Sunil Nair led the selection procedure. Group Cammander Commodore Simon Mathai and Commanding Officer Lt. Col. V V prakash visited the cadets in order to make the cadets strong and motivated. Cadets successfully completed the camp with memorable life experiences and cheerful moments.



IGC TSC 2024

Date: 16-05-2024 & 26-05-2024

On 16-05-2024, NCC Cadets Rithulkrishna V S, Abhay Francis, Alphy Manoj, and Avinash C R attended the IGC TSC 2024 held at Bethany Academy in Vennikulam. The event provided them with an opportunity to engage in various activities and discussions, expanding their knowledge and skills. Their participation in this prestigious gathering reflects their commitment to academic and personal growth, as they interacted with like-minded peers and experienced a collaborative learning environment at Bethany Academy.



WORLD NO TOBACCO DAY AWARENESS

Date: 31-05-2024

On 31-05-2024, the NCC cadets of St. Thomas College (Autonomous), Thrissur attended the District-level inauguration of an awareness program on World No Tobacco Day conducted under the Vimukthi Mission. The program was organised with the joint auspices of NSS, NCC and Nerkutam clubs. Deputy Excise Commissioner S. Shanawas performed the inauguration. St. Thomas College NSS Officer Dr. Daisan Panangodan presided over the event. Excise Circle Inspector M. Suresh, College NS Nerkutam Coordinator Dr. Vimala K. John, Associate NCC Officer Capt. Dr. Sabu A S, Liberation District Coordinator KY Shafiq, DREAM Project District Coordinator Femi Sebastian spoke. The session aimed to provide essential information on the dangers of drug use and strategies for prevention. The event commenced at 10:00 am in the college auditorium, reflecting the institution's commitment to promoting a drug-free environment. In addition to it, a fun game event was organised that aimed at raising awareness and combating drug use was successfully conducted at Gandhi Smriti. The fun game saw enthusiastic participation from students and faculty alike, reinforcing the message of staying drug-free. CDT Rithul Krishna V S, CDT Mary Carmmel E J and CDT Safalya S Raj grabbed prizes.



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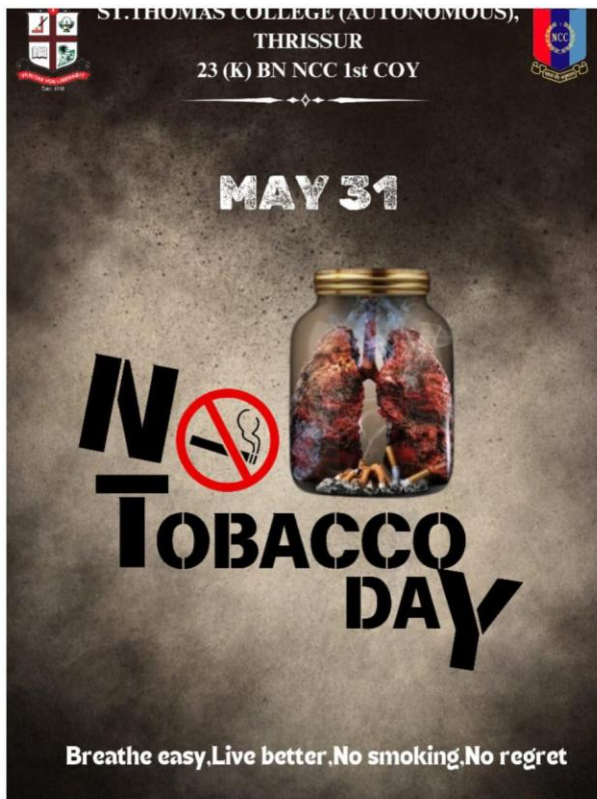
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NAAC 5th Cycle Accreditation

NAAC (4th Cycle): A++ Grade, 3.70 Score
NIRF Ranking 2023: 57

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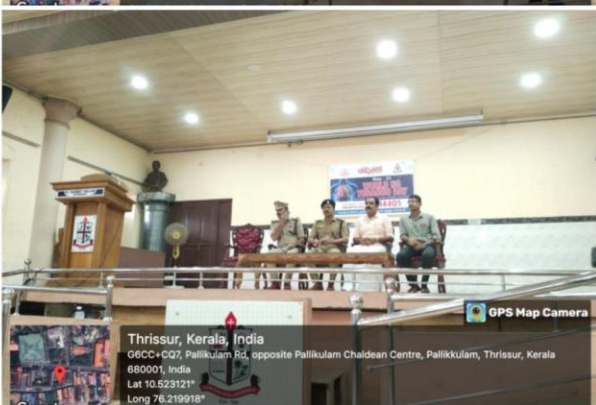
Thrissur, Kerala, India
66F9+6XX, Pallikkulam, Thrissur, Kerala 680001, India
Lat 10.523153°
Long 76.219894°



Thrissur, Kerala, India
66F9+6XX, Pallikkulam, Thrissur, Kerala 680001, India
Lat 10.523134°
Long 76.219898°



Thrissur, Kerala, India
66CC+CQ7, Pallikulam Rd, opposite Pallikulam Chaldean Centre, Pallikkulam, Thrissur, Kerala 680001, India
Lat 10.523126°
Long 76.219907°



Thrissur, Kerala, India
66CC+CQ7, Pallikulam Rd, opposite Pallikulam Chaldean Centre, Pallikkulam, Thrissur, Kerala 680001, India
Lat 10.523121°
Long 76.219918°



ACHIEVEMENTS

THE FOLLOWING CADETS ATTENDED PRESTIGIOUS CAMPS

SI NO	RANK	NAME	NAME OF THE CAMP	LOCATION
1	L/CPL	GOUTHAMKRISHNA K	All India Trekking Expedition Andhra Pradesh (TREK -2) 2023	AT Tirupathi, Andhra Pradesh
1	SUO	VISHNU M S	IMA 2023	AT INDIAN MILITARY ACADEMY, DEHRADUN
2	CUO	SREEDEVI DAS	Army Attachment Camp	23 Maratha LI Pangode



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3	CSM	VANDANA WARRIER	IGC TSC 2023 IGC RDC LAUNCH CAMP IGC RDC 2023	NCC Group Headquarters Calicut NCC Complex, Kuttanellur Naval Base, Kochi
4	SGT	CHRISTEENA T F	IGC TSC 2023 AITSC Launch Camp AITSC 2023	NCC Group Headquarters, Calicut Cariappa Parade Ground, Delhi Delhi
5	SGT	VISHNUDAS V S	ADVANCE LEADERSHIP CAMP	At Pangode, MIL Station TVM
6	SGT	ASWATHY BABU K	EBSB Camp	Ahemdabad, Gujarat



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7	CPL	ABEL RONY	Army Attachment Camp	At 22 RAJ RIF, Bengaluru
8	CPL	ALLIN MARIA K ANTO	Army Attachment Camp	Maratha LI Pangode
9	CPL	SNEHA P S	Army Attachment Camp	Maratha LI Pangode
10	LCPL	ANUPAMA M	EBSB Camp II DIU,GUJRAT	Sports Complex Diu



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11	CDT	CHRISTO CHIRAYATH	Army Attachment Camp	At 22 RAJ RIF, Bengaluru
12	CDT	SREE HARIKRISHNA A M	Army Attachment Camp	At 22 RAJ RIF, Bengaluru
13	CDT	SIVAJITH S P	Army Attachment Camp	At 22 RAJ RIF, Bengaluru
14	CDT	AIBIN DOMINIC GEORGE	Army Attachment Camp	At 22 RAJ RIF, Bengaluru



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15	CDT	DERIN K DAVIS	Army Attachment Camp	At 22 RAJ RIF, Bengaluru
16	CDT	ABHAY FRANCIS	EBSB Camp	Ahemdabad, Gujarat
17	CDT	ALPHIN P RONALD	EBSB Camp	Ahemdabad, Gujarat
18	CDT	P MAHESH KUMAR	IGC TSC 2023 AITSC Launch Camp AITSC 2023	NCC Group Headquarters, Calicut Cariappa Parade Ground, Delhi Delhi



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19	CDT	AMEESHNA N S	IGC TSC 2023	NCC Group Headquarters Calicut
20	CDT	AVANTHIKA K HARIDAS	IGC RDC LAUNCH CAMP IGC 2023	NCC Complex Kuttanellur Naval Base, Kochi
21	CDT	CHELSEA JERRY	All India NCC Girls Trekking Expedition 2024	Nilgiri Hills, Tamilnadu

SI NO	RANK	NAME	ACHIEVEMENTS
1	SUO	VISHNU M S	SECURED FIRST POSITION IN DRILL COMPETITION (IMA) SELECTED FOR CHIEF MINISTERS SCHOLARSHIP 2023



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2	CUO	SREEDEVI DAS	SECURED SECOND POSITION IN INDIVIDUAL DST COMPETITION (AAC)
3	CSM	VANDANA WARRIER	KARTHAVYAPATH CONTINGENT FIRST RUNNER UP (IGC RDC) SELECTED FOR CHIEF MINISTERS SCHOLARSHIP 2023
4	SGT	CHRISTEENA T F	FIRST RUNNER UP IN MAP READING (IGC TSC) SELECTED FOR CHIEF MINISTERS SCHOLARSHIP 2023
5	CDT	P MAHESH KUMAR	FIRST RUNNER UP IN HEALTH & HYGIENE (IGC TSC)
6	CSUO	ANVEL ISAAC	SECURED FIRST POSITION IN GUARD OF HONOUR (CATC)
7	CDT	CHELSEA JERRY	Guard of Honour – 2 nd Prize
8	CDT	DIVYA SAJNA K S	Guard of Honour – 2 nd Prize
9	CDT	STEMI M F	Best Cadet (CATC Pampady)



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10	CDT	VANDANA SHANMUGHAM	Pookalam Competition – 2 nd Prize
11	CDT	HARITHA P S	Group Song – 1 st Prize
12	CDT	ROSEMERRY T L	Poster Making – 2 nd Prize
13	SGT	ALPHIN P RONALD	Gc Guard
14	SGT	SREE HARIKRISHNA A M	Gc Guard
15	CDT	BENEDICT TOM	Gc Guard
16	CDT	SNEHA BABURAJ	Best Cadet (CATC Gurukulam) Patriotic Group Song – 1st Prize
17	CDT	SAFALYA S RAJ	Solo Dance – 1st Prize Patriotic Group Song – 1st Prize



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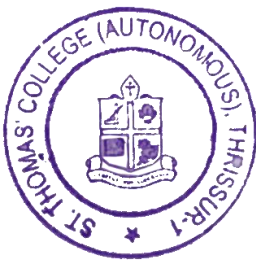


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18	CDT	APSARA T P	Quiz Competition – 1st Prize Patriotic Group Song – 1st Prize
19	CDT	ANASWARA SHABU	Patriotic Group Song – 1 st Prize
20	CDT	ARCHANA P S	Patriotic Group Song – 1 st Prize
21	CDT	GOPIKA P S	Patriotic Group Song – 1 st Prize
22	CDT	MEENAKSHI S	Patriotic Group Song – 1 st Prize
23		SW'S	Flair Drill Squadron Competition First Prize



Principal
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