



7.1.8 Describe the Institutional efforts /initiatives in providing an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities.



Institutional Efforts towards Inclusivity at St. Thomas College, Thrissur

St. Thomas College, Thrissur, has consistently strived to create an inclusive environment that fosters tolerance, harmony, and diversity. The institution has implemented various initiatives to promote inclusivity, ensuring that students from diverse backgrounds feel valued and respected.

Cultural and Regional Diversity

1. **Cultural Festivals:** The college celebrates various cultural festivals, such as Onam, Christmas, and Eid, promoting unity and understanding among students from different cultural backgrounds.
2. **Regional Language Support:** The institution provides language support for students who speak regional languages, ensuring they can communicate effectively and participate fully in academic activities.

Linguistic Diversity

1. **Language Clubs:** The college has language clubs, such as the Malayalam Literary Association and the English Literary Association, which promote linguistic diversity and provide opportunities for students to develop their language skills.
2. **Language Support Services:** The institution offers language support services, including language classes and workshops, to help students improve their language proficiency.

Communal and Socioeconomic Diversity

1. **Scholarships and Financial Aid:** The college offers scholarships and financial aid to students from economically disadvantaged backgrounds, ensuring that they have equal access to education.
2. **Community Outreach Programs:** The institution conducts community outreach programs, such as blood donation camps, health awareness campaigns, and environmental initiatives, which promote social responsibility and community engagement.

Other Initiatives

1. **Diversity and Inclusion Workshops:** The college conducts workshops and training



programs to sensitize students and staff about diversity and inclusion, promoting a culture of respect and empathy.

2. Inclusive Infrastructure: The institution has implemented inclusive infrastructure, such as ramps and accessible restrooms, to ensure that students with disabilities have equal access to facilities and resources.

3. Mentorship Programs: The college offers mentorship programs, which pair students with faculty mentors from diverse backgrounds, providing guidance and support to students from underrepresented groups.

Impact and Outcomes

St. Thomas College, Thrissur's, institutional efforts towards inclusivity have yielded positive outcomes, including:

1. Increased diversity: The college has seen an increase in the number of students from diverse backgrounds, including students with disabilities, students from economically disadvantaged backgrounds, and students from different cultural and regional backgrounds.

2. Improved student satisfaction: Students have reported feeling more comfortable and supported in an inclusive environment, leading to improved academic performance and overall satisfaction.

3. Enhanced social responsibility: The institution's community outreach programs and diversity initiatives have promoted social responsibility and community engagement among students, fostering a sense of civic duty and social awareness.

By promoting inclusivity and diversity, St. Thomas College, Thrissur, has created a vibrant and supportive learning environment that values and respects the diversity of its students, staff, and community.



Name of Programme: KARGIL VIJAY DIWAS

Category of the Programme : Patriotism

Date: 26-07-2023

On 26-07-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur celebrated Kargil Vijay Diwas to commemorate the success of Operation Vijay. The cadets exhibited informative charts and decorated Amar Jawan Jyothi to spread the message of the victory in the college. Principal Fr Dr Martin K A addressed the cadets.





Name of Programme: SWACHH SURVEKSHAN 2023

Category of the Programme : Harmony towards nature

Date: 03-08-2023

On August 3, 2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur participated in a meeting with executive officers of Corporation at 10:30 am at Thrissur Municipal Corporation. The VFYC app was introduced to the cadets. Civilians will acquire an opportunity to participate in the survey conducted by the Ministry of Housing and Urban Affairs since 2016, in the app by which they can improve the ranking of





cleanliness of Municipal Corporation at all India level. The cadets encouraged the public to participate in the survey by introducing the app.



Name of Programme: INDEPENDENCE DAY

Category of the Programme : Promoting Peace and tolerance

Date: 15-08-2023

On 15-08-2023 the NCC cadets of St. Thomas College (Autonomous), Thrissur celebrated 77th Independence Day in the presence of a gleeful gathering. The program began at 9:30 am. The inaugural speech was delivered by Vice Principal, Fr. Dr. Anil George K. Principal, Fr. Dr. Martin K A hoisted the National flag which was followed by the National





Anthem. The NCC cadets performed a march past to pay homage to the brave martyrs. Associate NCC Officer, Capt. Dr. Sabu A S delivered the

vote of thanks. Sweets were distributed towards the end of the program. The event came to a close with the National Anthem.

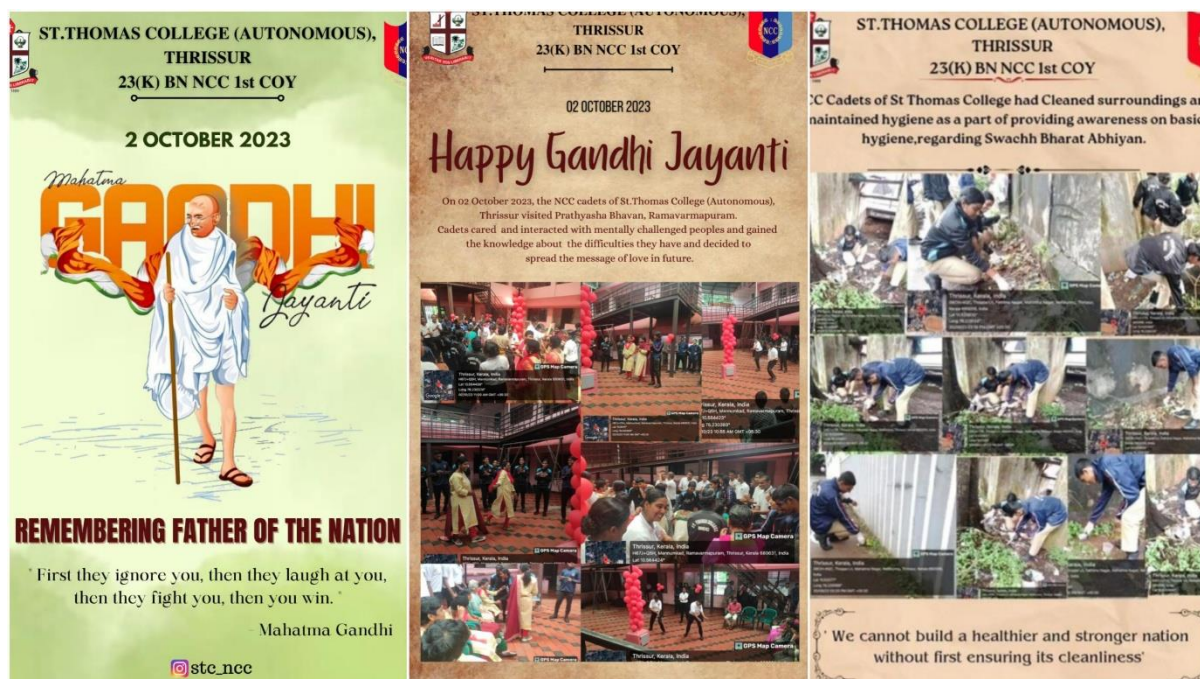


Name of Programme: **CLEANING DRIVE**

Category of the Programme : **Harmony towards Nature**

Date: **30-09-2023**

On 30-09-2023 The NCC cadets of St. Thomas College (Autonomous), actively participated in cleaning the premises of Thope Indoor Stadium. The main purpose of this program was to create awareness among students about cleanliness and its benefits. It's such a wonderful way to pay tribute to Gandhiji's legacy and promote a cleaner environment. The collective effort of the NCC cadets truly reflects the spirit of Gandhi Jayanti.





Name of Programme: BLOOD DONATION

Category of the Programme : To develop the
Humanitarian Aspects

Date: 28-10-2023

On 28-10-2023, NCC Cadets of St. Thomas College (Autonomous), Thrissur participated in Blood Donation Camp which was held at IMA Blood Bank, Ramavarmapuram. 12 SD and 12 SW cadets reported at the blood bank at 10 am. Blood donors were selected after necessary





checkups. The aim of the cadets was to save lives and motivate people to donate blood and social works.

Name of Programme: EKTA DIWAS

Category of the Programme : Promote the ideals of national integration, patriotism, and unity

Date: 31-10-2023

On 31-10-2023, the NCC cadets of St. Thomas College (Autonomous), Thrissur celebrated Ekta Diwas to pay homage to Sardar Vallabhbhai Patel for his remarkable efforts in integrating India by bringing all princely states together after Independence. The cadets prepared placards containing slogans and circulated through social media. Through this initiative, the cadets made the public aware that this is an occasion to

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23(K) BN NCC 1st COY

OCT 31 2023
NATIONAL UNITY DAY

"WE CANNOT BE SEPARATED IN INTEREST OR DIVIDED IN PURPOSE. WE STAND TOGETHER UNTIL THE END." -
WOODROW T. WILSON

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THRISSUR
23(K) BN NCC 1st COY

EKTA DIWAS
October 31st 2023



There is something unique in this soil, which despite many obstacles has always remained the abode of great souls





Name of Programme: REPUBLIC DAY CELEBRATION

Category of the Programme : To Promote the Patriotism and Equality

Date: 26-01-2024

On 26-01-2024, The NCC Cadets and NSS Volunteers of St. Thomas College (Autonomous) Thrissur celebrated the 75th Republic day of our nation. Program commenced at 9:30 am.

College Principal Fr. Dr. Martin K A hoisted the national flag. The Associate NCC Officer,

Capt. Dr. Sabu A S delivered the welcome speech. The SW Cadets led by CUO Sreedevi Das and CSM Vandana Warriar displayed the drill and offered salute to the national flag. College principal Fr. Dr. Martin K A delivered the Republic Day message. The patriotic dance of NCC Cadets and patriotic song of NSS Volunteers made the program more attractive. Ex- NCC cadets of St. Thomas College were also present in





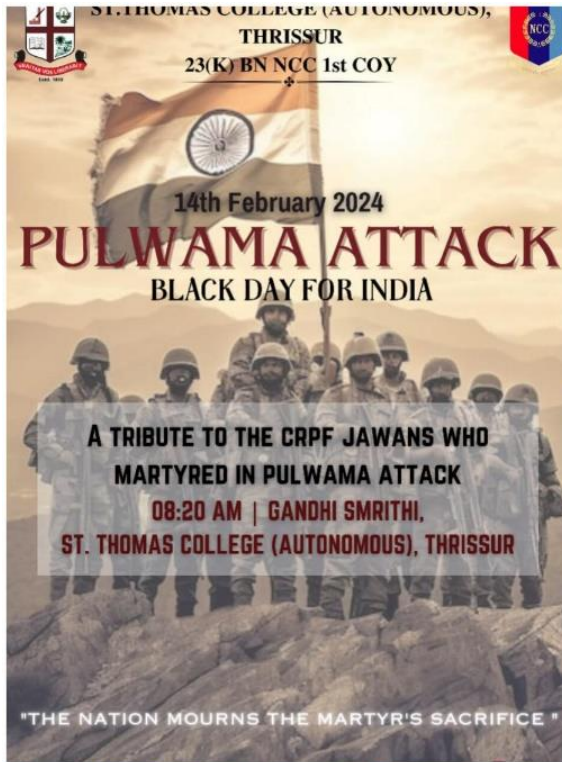
the program. The NSS coordinator Dr. Vimala K John extended vote of thanks. Program concluded with the national anthem

Name of Programme: PULWAMA DAY

Category of the Programme : To Promote a sense of pride and respect towards solders

Date: 14-02-2024

On 14-02-2024, the NCC cadets of St. Thomas College (Autonomous), Thrissur, observed the 5th anniversary of the Pulwama attack in Gandhi Smriti at 8:20 am. The Associate NCC officer Capt. Dr. Sabu A S delivered the welcome speech and Principal Rev. Fr. Dr. Martin K A gave a thoughtful speech on the dedication and sacrifices of our brave soldiers. The patriotic song performed by first-year NCC cadets evoked a sense of pride and respect among those who were present. A floral tribute was offered to the martyrs of the Pulwama attack by the Principal and ANO along with NCC cadets. The following posters were circulated on social media.



which 40 CRPF bravehearts were killed in one of the deadliest attacks on Indian security forces. India was brought to a standstill four years ago on February 14 when the deaths of 40 CRPF officers were reported on our televisions.

What actually happened in Pulwama?

On February 14, 2019, a suicide bomber attacked a convoy which comprised a total of 78 buses in which around 2,500 paramilitary personnel were travelling from Jammu to Srinagar when the explosive-laden vehicle rammed into a bus killing 40 members of the CRPF.

Who initiated Pulwama attack?

The initiatives was claimed by the Pakistan-based Islamist terrorist group, Jaish-e-Mohammed. India blamed neighbouring Pakistan for the attack, while the latter condemned the attack and denied having any connections to it.

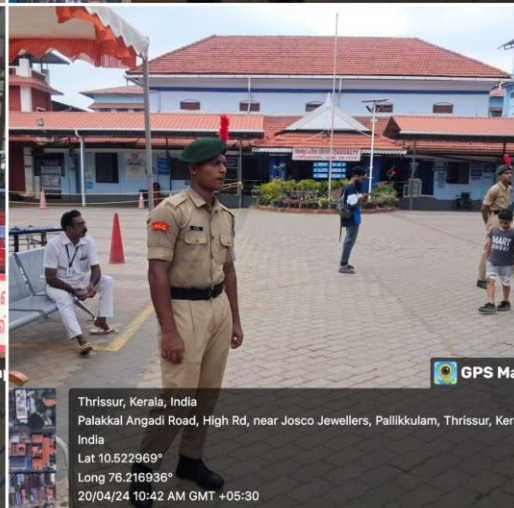


Name of Programme: **THRISSUR POORAM DUTY**

Category of the Programme : To Promote the cultural Harmony

Date: 20-04-2024

On 20-04-2024, 5 NCC cadets of St. Thomas College (Autonomous), Thrissur, was sent to the general hospital Thrissur to control the traffic and assist the casualties during Thrissur pooram. The cadets was placed in different gates of the hospital compound. Only emergency cases was allowed to pass into the hospital. The duty completed at noon and all the cadets returned to college.





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Name of Programme: Learning New Languages

Category of the Programme : To Promote linguistic Harmony



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**Santhome Institute of Indian and
Foreign Languages (SIIFL)**



German A1 Batch

let's plan out your dream to make it reality

30th May 2024



St. Thomas College (Autonomous), Thrissur

For More Info

Dr. Flergin Antony 9488092857

Dr. MJ Viju 94467 60383



Introduction

The Santhome Institute of Indian and Foreign Languages (SIIFL) is a language school that offers a variety of courses in Indian and foreign languages.

Course Overview

The German A1 Batch is a beginner's course that covers the basics of the German language. The course is taught by experienced and qualified instructors who are passionate about teaching German. The brochure highlights the following key features of the course:

- **Comprehensive curriculum:** The course covers all the essential aspects of the German language, including grammar, vocabulary, pronunciation, and conversation.
- **Interactive learning:** The course is designed to be interactive and engaging, with a focus on practical application of the language.
- **Small class sizes:** The class sizes are kept small to ensure that each student receives individual attention from the instructor.
- **Experienced instructors:** The instructors are all native speakers of German with years of experience teaching the language.
- **Affordable fees:** The course fees are very affordable, making it accessible to a wide range of students.

Course Schedule

The German A1 Batch is a four-week intensive course that meets for three hours each day, Monday through Friday. The course is offered at the St. Thomas College (Autonomous) in Thrissur.

Admission Requirements

There are no specific admission requirements for the German A1 Batch. However, students must be at least 18 years of age.

Conclusion

The Santhome Institute of Indian and Foreign Languages is a reputable language school that offers high-quality German language courses. The German A1 Batch is an excellent option for anyone who wants to learn the basics of the German language.



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New Batches in July

17th July 2023

Register now....

**GERMAN,
FRENCH
&
15+ OTHER
LANGUAGES**

**St. Thomas College
(Autonomous), Thrissur**

For More Details:

Dr. Flergin 9488092857

Dr. Viju MJ 9446760383

santhomifl@gmail.com





Introduction

Learning a foreign language opens doors to new cultures, experiences, and career opportunities. German and French are two widely spoken languages with significant global and cultural significance. This report will provide an overview of the benefits and considerations for pursuing German and French language courses.

German Language Courses

Benefits of Learning German:

- **Economic Powerhouse:** Germany is a leading economic power in Europe and the world. Proficiency in German can enhance career prospects in various fields such as engineering, business, and international trade.
- **Cultural Significance:** Germany boasts a rich history and culture, contributing significantly to music, philosophy, and literature. Learning German allows for a deeper appreciation of these contributions.
- **Travel and Tourism:** Germany is a popular tourist destination, with numerous historical sites, beautiful landscapes, and vibrant cities. Knowing German enhances travel experiences and interactions with locals.

Scientific and Technological Advancements: Germany is a global leader in scientific research and technological innovation. Proficiency in German can provide access to cutting-edge research and advancements.

Key Information

- **Institute:** Santhome Institute of Indian and Foreign Languages (SIIFL)
- **Course Offerings:** German, French, and 15+ other languages (not specified in the image)
- **Start Date:** 17th July 2023
- **Location:** St. Thomas College (Autonomous), Thrissur
- **Contact Information:**
 - Dr. Flergin: 9488092857
 - Dr. Viju MJ: 9446760383
 - Email: santhomifl@gmail.com

Visual Elements

The brochure has a clean and professional design with a color scheme likely emphasizing the institute's branding. It includes the institute's logo and contact information.



Conclusion

The brochure effectively conveys the key information about the language courses offered by SIIFL. It is visually appealing and easy to read, making it a suitable promotional tool for attracting potential students.



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Trinity CertTESOL

Santhome Institute of
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Languages (SIIFL)
proudly introduces

Trinity College London
CertTESOL

In Association with
Trinity College, London
& Cochin International
Language Academy
(CILA), Angamaly

**A Seminar on Scope &
Demand for English Teachers
in Global Education**



3.11.2023 , 10.30am-12pm.

**Kavipratibha Hall,
St. Thomas College Thrissur**

HIGHLIGHTS

- 5 weeks program- Full Time
- 100% Job placements
- Exciting Learning Experience with Indian and Foreign Teachers
- International Certification
- Evening Online Batches- Part Time
- Every Month New Batches

St. Thomas College (Autonomous), Thrissur
DR.FLERGIN ANTONY 94880 92857 DR. MJ VIJU 94467 60383



Overview

The launch of the Trinity College London CertTESOL program by the Santhome Institute of Indian and Foreign Languages (SIIFL) in association with Trinity College London and Cochin International Language Academy (CILA). This program is designed to train individuals to become qualified English language teachers.

Key Details

- **Program:** Trinity College London CertTESOL
- **Offered By:** Santhome Institute of Indian and Foreign Languages (SIIFL)
- **In Association With:** Trinity College London & Cochin International Language Academy (CILA)
- **Launching Ceremony:** 3.11.2023, 10.30 am - 12.00 pm
- **Venue:** Kavipratibha Hall, St. Thomas College, Thrissur
- **Highlights:**
 - 5-week full-time program
 - 100% job placements
 - Exciting learning experience with Indian and foreign teachers
 - International certification
 - Evening online batches available (part-time)
 - New batches every month

Purpose

The program aims to equip individuals with the knowledge and skills required to teach English effectively to learners of all ages and levels. It covers various aspects of language teaching methodology, including:

- **Language analysis and description**
- **Lesson planning and delivery**
- **Classroom management and assessment**
- **Resources and materials development**
- **Learner support and guidance**

Benefits

- **Career Enhancement:** The Trinity CertTESOL is a globally recognized qualification that opens doors to teaching opportunities worldwide.
- **Skill Development:** The program helps individuals develop essential teaching skills such as communication, organization, adaptability, and problem-solving.



- **Professional Growth:** It provides a structured learning environment and allows individuals to network with other aspiring and experienced teachers.

Audience

The program is suitable for individuals who are interested in pursuing a career in English language teaching, including:

- **Graduates seeking a teaching qualification**
- **Experienced teachers looking to enhance their skills**
- **Individuals planning to teach English abroad**

Contact Information

- **Dr. Flergin Antony:** 9488092857
- **Dr. MJ Viju:** 9446760383

Overall

The Trinity CertTESOL program offered by SIIFL appears to be a valuable opportunity for individuals interested in English language teaching. The program's emphasis on practical skills, job placement assistance, and international recognition makes it a compelling option for those seeking to build a successful career in this field.



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Department of English (S.F.) Book Fiesta Versification Competition

Guidelines to be followed

1. The participant has to be a student of St. Thomas college (Autonomous), Thrissur
2. The poem writing competition is to be held online & all entries should be forwarded to the student co-ordinator Lakshmi S. (+91 7907245084) using whatsapp. It should also contain the Name and Department of the student
3. The theme of the competition is "Power of literature". You may choose any attractive title for your poem which is related to the theme
4. The entries will be accepted till **30/06/2023, 7 pm**
5. The medium of language is English
6. The decision of the jury will be final

Head of the
Dept.
Francis T.V

Staff co-ordinator
Ancy Raphael

Student co-ordinators
Lakshmi S.
Aadhithya Krishna

Vice principal
Dr. E.D John

Principal
Dr. (Fr.) Martin K.A



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**RESEARCH AND POSTGRADUATE
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PRAYER:

**WELCOME SPEECH: DR. GEETHU ELIZABATH THOMAS
(HOD DEPARTMENT OF BOTANY)**

**INAUGURATION: REV. DR. MARTIN K.A.
(PRINCIPAL, ST THOMAS COLLEGE)**

**FELICITATION: MR. JACOB K.K.
(PRESIDENT OSA BOTANY)**

**KEYNOTE SPEECH: MR. EDISON FRANZ
(CORPORATE TRAINER)**

**VOTE OF THANKS: MR. JOBY GEORGE
(OSA SECRETARY)**

DATE -16/8/23

TIME -1 PM

VENUE- KAVIPRATHIBHA HALL

**REV. DR. MARTIN K A
(PRINCIPAL ST THOMAS COLLEGE)**

**DR. GEETHU ELIZABATH THOMAS
(HOD BOTANY)**

**MR. JACOB K K
(PRESIDENT OF OSA BOTANY)**

**MR. JOBY GEORGE & DR. ANTO P V
(CONVENORS)**



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REPORT

DEPARTMENT OF LANGUAGES- Malayalam & Hindi

The Department of Languages – Malayalam & Hindi ,St. Thomas College (Autonomous), Thrissur has conducted a seminar in connection with " Reading Day" on 19th June, 2023.

Dr. Fr. Thomas Edakkalathur Head of the Malayalam Department welcomed all. Rev Dr.Fr.Martin K.A.Principal of the college presided over the functon. Rev. Fr.Biju John Panengaden Executive Manager inaugurated the programme. Associate Bursar Rev Dr. Fr.Finosh Keeticka has given felicitations.Then Mr. Sanjo jose(Librarian,Santhom Athenaeum) presented a paper on" vaayanayum e- vaayanayum praadhanyavum".

89 students from various departments attended the seminar. Ms Dr.Bini Varghese K. Head of the Hindi Department thanked all.



Name of Programme: Care for Poor

Category of the Programme : Promoting the Humanity

The program aimed to sensitize students about the importance of palliative care and empower them to provide emotional and physical support to patients and their families at home.

Program Details:

- The program commenced with an introductory session, where experts in palliative care emphasized the significance of student involvement in providing care and support to patients at home.
- A panel discussion followed, where students shared their experiences and challenges in providing palliative care at home.
- A training session was conducted, equipping students with the necessary skills and knowledge to provide emotional and physical support to patients and their families.
- A question-and-answer session concluded the program, addressing queries and concerns raised by students.

Key Takeaways:

- Students play a vital role in providing palliative care at home, offering emotional and physical support to patients and their families.
- Effective communication, empathy, and active listening are essential skills for students to develop when providing palliative care.
- Students can make a significant difference in the lives of patients and their families by providing care and support in the comfort of their own homes.

Recommendations:

- Regular training sessions and workshops should be conducted to equip students with the necessary skills and knowledge to provide palliative care at home.
- Students should be encouraged to share their experiences and best practices in providing palliative care at home.
- Collaboration with healthcare professionals and organizations should be fostered to provide students with opportunities to gain hands-on experience in palliative care.

Conclusion:

The program successfully achieved its objective of sensitizing students about the importance of palliative care and empowering them to provide emotional and physical support to patients and their families at home. The program's outcome will have a positive impact on the lives of patients and their families, and will inspire students to become compassionate and caring individuals.



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**Visit to Christ Villa Poor Home
Empowering Social Responsibility**
Research & PG Department of Chemistry
St. Thomas College (Autonomous), Thrissur



About the Programme

Date: 12-01-2024

Time: 1 pm

Venue: Christ Villa Poor Home, Ramavarmapuram, Thrissur

Objectives

Provide emotional support and assistance to elderly inmates

Promote social responsibility among students

Programme Highlights

Interaction with inmates in small groups

Group song performance

Donation of essential items (grocery, fruits, medicines)

Discussion on social responsibility towards the elderly

Coordinator: Prof. Paulson Mathew, HoD Chemistry

Convener: Dr. Jency Thomas



Objectives of the Programme:

- To provide emotional support and assistance to elderly inmates
- To promote social responsibility among students.

Description of Programme:

Final-year BSc Chemistry students, accompanied by their tutor Dr. Jency Thomas, visited Christ Villa Poor Home on January 12, 2024. The home provides shelter and care to elderly individuals abandoned by their families. Rev. Fr. Ditto Koola, Director, briefed the students about the organization's mission and activities. Students divided into groups of 6-8 members interacted with the inmates, listening to their life stories and experiences. This emotional connection helped break the ice and created a warm atmosphere. The students practiced and performed a group song, bringing joy and smiles to the inmates' faces. The students donated essential grocery items, fruits, and medicines to support the home's daily needs. The visit sparked a thought-provoking discussion among students about social responsibility towards the elderly. They acknowledged the loneliness faced by this vulnerable section of society and recognized their duty as responsible citizens. They expressed gratitude to Rev. Fr. Ditto Koola and Christ Villa Poor Home staff for facilitating the visit. The inmates expressed their appreciation to the students and tutor for their enthusiasm and compassion. The visit to Christ Villa Poor Home was a valuable experience for final-year BSc Chemistry students. By engaging with elderly inmates, they developed emotional connections, shouldered social responsibility, and gained insight into the importance of caring for the aged generation.

Number of Participants: 43

Outcome:

The visit had a profound impact on the students:

- Enhanced empathy and understanding of elderly struggles.
- Realization of social responsibility towards abandoned seniors.
- Appreciation for community service and volunteerism.
- Heart-warming experience, fostering compassion and kindness.



Organizing Committee:

- Prof. Paulson Mathew (Head of the Department)
- Dr. Jency Thomas (Program coordinator)





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