



GENDER SENSITIZATION ACTION PLAN

Upholding our *vision* “**Transforming the Youth through Holistic Education towards an Enlightened Society**”, the college has initiated various events and programs to sensitize students towards gender equity and overall well-being of women through the relevant Clubs and Cells. **SAMPOORNA** a five-year Gender Sensitization Action Plan has been implemented in our college to create awareness and sensitivity among the students and stake-holders for transforming the youth into responsible citizens. The strategy has been implemented through a combined effort by various departments, cells and clubs; along with a partnership with Government and non-Government organizations in selected cases.

Objectives

- Provide Opportunity to promote gender equity.
- Irrespective of gender, use human resources to reach out to fellow students and the community at large.
- Holistic development of students, staff and community without gender bias.
- Sensitize the college and community regarding the problems faced by women and women empowerment.
- Protection of women and children against violence and crimes.

Action Plan

- Ensure equal opportunity for representation by male and female students and staff in all realms of college activities.
- Undertake dissertation studies and projects related to gender issues.
- Encourage students to promote gender equity in local community.
- Create awareness on anti-social activities irrespective of gender.
- Prevention of gender bias in college activities.
- Initiate Self Defence training programme.
- Ensure mental and physical well-being of youth and women in particular.



- Empower women through confidence building training and skill development programs.
- Organize awareness programs on sensitive issues such as sexual harassment and atrocities against women.
- Carry out dissertation studies and projects related to problems faced by women and women empowerment.
- Arrange workshops/ training programs pertaining to safety of women & employability.
- Commemorate important days such as International Women's Day, National Girl Child Day, Malala Day and World Breast Feeding Week.
- Promote women and promote child care.

Committees involved

- Gender Champions' cell
- Women's cell
- Equal opportunity cell
- Departments & Clubs
- Management

Outcome

- Build confidence in students
- Empowerment of youth
- Mental, physical and psychological health awareness
- Created understanding about rights and duties
- Outreach and extension activities
- Formed sensitivity towards other gender
- Eliminated gender bias



Principal
St. Thomas College (Autonomous)
Thirissur - 680 001



ANNUAL PLAN OF ACTIVITIES FROM 2022-23

SI. No.	Activity 2022-23	Objective	Date
1	Participation of Girls and Boys NCC Cadets in International Yoga Day	Gender Equity	June 2022
2	Health Awareness Program	Gender Equity	June 2022
3	Workshop on Gender Equity, Aptitude and Personality Development	Gender Equity	June 2022
4	Workshop on Upliftment of the Dalit Women and Children	Gender Sensitization	June 2022
5	Workshop on Women in Society	Women Empowerment	July 2022
6	Malala Day	Gender Sensitization	July 2022
7	Participation of Girls and Boys NCC Cadets in Independence Day Celebrations	Gender Equity	August 2022
8	Workshop on Gender Issues	Women Empowerment	August 2022
9	World Breast Feeding Week Observation	Women Empowerment	August 2022
10	Participation of Girls and Boys NCC Cadets in Cleaning Drive	Gender Equity	September 2022
11	Training Program for Women Empowerment	Women Empowerment	September 2022
12	Workshop on Woman's life including Freedom and Feminism	Women Empowerment	September 2022
13	Seminar on Gender Beyond Boundaries	Gender Equity	September 2022
14	Awareness Talk on Cyber Crimes against Women and Adolescents	Women and Child Care	October 2022
15	Torrential Grace – A Seminar on Religion, Society and Women	Gender Sensitization and Women Empowerment	October 2022



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NAAC 5th Cycle Accreditation

NAAC (4th Cycle): A++ Grade, 3.70 Score
NIRF Ranking 2022: 53

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16	Women Empowerment through Entrepreneurship	Women Empowerment	November 2022
18	Participation of Girls and Boys in Fine Arts Festival, 2022	Gender Equity	December 2022
19	Combating Sexual Harassment at Work Places	Gender Sensitization	December 2022
20	Participation of Girls and Boys NCC Cadets in Republic Day Celebrations	Gender Equity	January 2023
21	National Girl Child Day Observation	Gender Sensitization and Women Empowerment	January 2023
22	Participation of Girls and Boys NCC Cadets in Sports Day, 2023	Gender Equity	February 2023
23	Seminar on Women in Science	Women Empowerment	February 2023
24	Participation of Girls and Boys NCC Cadets in College Day Celebrations, 2023	Gender Equity	February 2023
25	Seminar on Impact of Nutrition and Food on Women's Health	Gender Sensitization and Women Empowerment	February 2023
26	International Women's Day	Women Empowerment	March 2023
27	She Drives	Women Empowerment	March-April 2023



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